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- a. They are records dealing with security and safety procedures that are exempt pursuant to Government Code Section 6254(f). (Northern California Police Practices Project v. Craig (1979) 90 Cal.App.3d 116, 121-122.);
- b. They are materials for which the City of San Rafael does not hold the copyright or have permission to publish.

Where exempt material can be reasonably segregated from nonexempt material in these records, the exempt material has been redacted and the nonexempt material is shown. Where it is not reasonably possible to segregate out the exempt material, the Department is withholding the entire document from disclosure.

COURSE OUTLINE:

Morning:

- 0700-0730: Use of Force Policy/Lethal Force review, roster sign in and forms.
- Graham vs Connor, Tennessee vs Garner, subject factors such as relative size, age, knowledge of suspect's combat skill level, level of officer's exhaustion, influence of substances/alcohol, proximity of weapons, conduct of individual, etc
- 0730-0830: Initial set up of the outer vest carrier. Getting familiar with outer armor carrier and accessing equipment. Consideration should be given to proper distribution of weight on the outer vest carrier to maximize the benefits (ie. Magazines on one side and radio on the opposite to even out the weight). Also be sure that placement of the pouches will make your equipment accessible to you without restricting access to your EMDT or duty weapon.

Range:

- 0830-0930: Range Safety briefing. Proper sight alignment/sight picture review.
- Pistol qualification and Patrol rifle qualification
- 0930-0945: Break
- 0945-1045: Rifle Drills
- Reload drills and immediate action drill with rifles
- 2 rifle mags with 10 rounds each plus 2 dummy rounds.
- Stationary shooting positions only. No move and shoots.
- Firing positions starting from 25-20 yards. 2 rounds per threat from this distance.
- Between 15 and 10 yard lines, drug/armor drills.
- Have students transition to handgun for immediate action drill and work through malfunctions. Emphasize communication between partners and utilize cover when reloading and clearing malfunctions.

Handgun Drills

Combat reloads

- Stationary Shooting positions only. No move and shoots.
- Handgun with 3 mags, 3 rounds in each mag. Extra rounds in pocket and have them do combat reloading during a drug/armor drills from 10 yards and in. Only stationary shooting from 15, 10 and 5 yard line.

Tactical Reloads:

- Stationary Shooting positions only. No move and shoots.

Between 15, 10 and 5 yard lines, drug/armor drills from 10 yard and in.

3 full mags. Call out at least 3 tactical reloads.

1045-1100: Break

1100-1130: Competition shoots.

2 four member teams

Each team members must complete a short run to simulate stress. Each member will have 3 mags with one round in each magazine. Once the run is complete they will complete a 3 round course of fire and combat reload after each shot. Time penalties for missed shots. Best time wins.

1130-1230: Lunch

Afternoon:

SDAT:

1230-1245: Stretch/warm up – arm circles, shoulder stretch, wrist stretch

1245-1345: Start by practicing accessing handcuffs from their new positions

Emphasis on staging your handcuffs with the keyholes facing out with the single strand down.

Compliant handcuffing: emphasize position of advantage (bladed stance, hands to the front and ready to defend yourself. Verbal commands to turn around, with their feet facing out (to place them off balance), place their hands behind their back with the back of their hands together and palms out. Instruct suspect to look away from you. Tell them not to move and confirm that they heard you and understand. Offset to 45 degree angle. Stage handcuffs in support hand prior to approach. Shuffle step forward and control the hand nearest to you with your strong hand (trapping the thumb). Apply the handcuff to the wrist nearest you before controlling other hand with your strong hand (trapping thumb). Maintain control with your strong hand while double locking and checking for fit with your support hand.

Give clear directions prior to uncuffing. Look away from you and do not move. Confirm they heard and understand. Uncuffing will be done in reverse. Maintain control with strong hand while uncuffing with support hand. Uncuff hand furthest away first. Close the strand so that it cannot be used as a weapon against you. Step back and extend their arm while maintaining control using the handcuff.

Explained and demonstrated once by instructors.

Walked through as a group once.

Have class perform it several times on their own with instructor supervision.

1345-1400: Break

1400-1500:

Control holds:

Rear wrist/twist lock/arm bar to take down

Rear wrist lock from C-grip escort position: pull bicep into your chest. Push their hand behind their back while mirroring their hand with your own. Tuck your head down to avoid a possible head butt. Apply pressure to bend their fingers back toward their elbow until you gain pain compliance. **TAKE CARE TO NOT INJURE YOUR PARTNER.** From the rear wrist lock transition to escort position by bringing wrist to the front. Maintain contact of their elbow to your chest and apply pressure to their wrist.

Twist lock from C-grip escort position: drive suspect's elbow upward with your hand that is on the upper arm while maintaining your C-grip on the wrist. Elbow should be up at approximately a 90 degree elbow. Using your C-grip begin to twist the wrist exposing the blade of your suspect's hand to you. Slide your other hand down and grip the blade of the hand grabbing the pinky and ring finger. Apply pressure twisting the wrist to gain pain compliance. Be sure your elbow is placed on the suspect's back to prevent him from twisting out of the control hold. The natural reaction is to turn into you when pressure is applied to the hold.

Arm bar to take down: With your C-grip pull the suspect's hand to your belt buckle while rotating their palm toward you. Pin the arm to your center mass for leverage. Rotate your hand from their elbow to the top of the tricep. With the blade of your hand apply pressure to the tricep tendon to gain pain compliance. Also use your body weight by bending at the waist to apply more pressure. **TAKE CARE TO NOT INJURE YOUR PARTNER.**

Once on the ground, repetition accessing handcuffs from handcuffing position

Gun retention from front. Same side grab and cross grab retention.

Always cap the top of gun with weapon hand to lock into place. Step back and away to extend arm of suspect. This will expose the elbow which will be vulnerable. Intent is to strike the elbow and disable the arm to have them release the weapon. In the case of a cross grab officer will drive straight through the elbow. In the case of the same side grab officer will strike head/face with support side elbow or closed fist. Follow through with a straight down or back strike with elbow to suspect's straightened arm.

1500-1530: Baton/less lethal options

Repetition accessing baton/oc spray/taser

Taser: no cartridges for exercise. Draw and fire. Be sure to be able to access and be clear off all other gear and outer vest carrier.

OC: transition OC spray to support hand. Be sure to be able to access and be clear of all other gear and outer vest carrier.

Baton: open to sky, loaded position. open to ground, ready position. weapon strike, reaction/clearing strike, straight strike (jab). Target areas are elbow (center mass arm), knee (center mass leg) and center mass torso (crowd control, pushing crowd back). Avoid head, neck, spine, major organs such as the heart, kidney and groin.

1530-1600: Clean up/return to PD



San Rafael Police Department

1400 Fifth Ave.
San Rafael, CA 94901

SRPD Outer Armor Carrier Transition Training:

Goal: The goal of this training is to ensure SRPD personnel transitioning to the Outer Carrier can utilize all of their defensive tools and tactics according to SRPD training principles and legal guidelines:

Range Training:

Satisfactorily complete the listed qualification course.

- A. SRPD Duty Pistol Qualification Course:
- B. SRPD Duty Rifle Qualification Course:

Firearms Manipulation:

Satisfactorily complete listed exercises:

- A. Duty Pistol Manipulation:
 - Demonstrate ability to access and present duty pistol to standard.
 - Demonstrate ability to access extra magazines and reload duty pistol to standard.
 - Demonstrate ability to access and utilize duty pistol and magazines from varying positions to standard.
 - Demonstrate ability to access and present duty pistol with support hand only.
- B. Duty Rifle Manipulation:
 - Demonstrate ability to access and present duty rifle to standard.
 - Demonstrate ability to access extra magazines and reload duty rifle to standard.
 - Demonstrate ability to access and utilize duty rifle and magazines from varying positions to standard.
 - Demonstrate ability to access and present duty rifle with support side to standard.

Defensive Tactics:

Satisfactorily complete listed exercises:

- A. Core Officer Safety and Defensive Tactics Techniques:
 - Demonstrates the ability to perform officer safety practices to standard, including tactical positions, utilizing radio, accessing routine equipment during contacts and situational awareness.
 - Demonstrates the ability to perform defensive techniques to standard, including: tactical movement, control holds, distraction techniques, takedowns, handcuffing techniques and the carotid technique.
- B. Ground Fighting/Grappling Techniques/Weapon Retention Techniques:
 - Demonstrations the ability to perform ground fighting/grappling techniques to standard, including evasion maneuvers, escapes, recovery techniques and prone prisoner control.
- C. Impact Weapons Techniques:
 - Demonstrates the ability to access, deploy, utilize and retain all impact weapons to standard.

- D. Partner initiated scenario-demonstrates the ability to perform defensive techniques and deploy control devices to standard in a dynamic encounter.



SAN RAFAEL POLICE DEPARTMENT

PROFESSIONAL STANDARDS UNIT

MEMORANDUM

DATE: 11/20/17

TO: Alan Piombo, Lieutenant
Administrative Services Bureau

FROM: Todd Berringer, Sergeant
Professional Standards Unit

RE: Phase Training October/November 2017 - Final Phase Report
Load Bearing Vest Training – SDAT/Firearms

During one instructor day in October and six training days at the end of October into early November, SRPD SDAT/Firearms Staff trained sworn personnel on policies and procedures governing use of force, firearms policy, and self-defense/tactics with an emphasis on transitioning a majority of the officers to outer carrier vests. Each training day was bifurcated with half of the class trained in defense tactics and the other half of the class was trained in firearms. The students would switch half-way through the day. Instructor Ed Chiu was the lead instructor for the phase training under the guidance of experienced instructors. He developed the curriculum based on POST-approved Arrest/Control and Firearms courses.

The curriculum covered setting up the outer carrier vests and a review of our use of force/lethal force policies. The class was then split in two. One group went to the range and the other group stayed with Officer Chiu at the Richmond Rod and Gun clubhouse. The students at the range covered safety procedures, pistol and rifle qualification, immediate action drills, accuracy drills, combat/tactical reloads, shooting under stress. The arrest/control students covered handcuffing, control holds, baton, OC spray, and Taser. The emphasis was on drawing the handcuffs and personal weapons due to the unfamiliarity of the new load bearing vests. Refer to the phase training lesson plan in the training records cabinet for details. These classes were presented on October 16th, 25th, 26th, November 1st, 2nd, and 6th.

Ed Chiu, Todd Berringer, Carl Huber, James Bellamy, Christian Diaz, Mike Mathis, Chris Fuller and Dave Cron were the presenters for this phase. Ed Chiu had each student sign the class roster and the Weapon Qualification Form. In addition to sworn personnel

from the San Rafael Police Department, we also trained Officers from Fairfax Police Department and College of Marin Police Department.

61 sworn personnel were trained from SRPD
9 sworn personnel were trained from Fairfax PD
6 sworn personnel were trained from College of Marin PD

A total of 76 sworn personnel were trained over the course of six days.

SAFETY ISSUES:

[REDACTED] was injured during the firearms portion of the training [REDACTED] was instructed by Corporal Diaz to shoot from a barricaded position. Corporal Diaz instructed [REDACTED] to shoot from both sides of the barrel to get a different viewpoint. When [REDACTED] shot from the left side of the barricade, he adjusted his grip and moved his left thumb over the top of his right thumb for a more stable position. However, when he fired his handgun the top slide cut the top of his left hand. [REDACTED] advised Corporal Diaz and Sergeant Berringer of his injury. He was provided with first aid and instructed to go to Kaiser Occupational Health for treatment. Kaiser treated him with 3 stitches to the web of his left hand, between his thumb and index finger.

REMEDIAL TRAINING:

Instructor Ed Chiu indicated two subjects needed remedial training with control holds, but were able to demonstrate proficiency after additional training. All students completed both the handgun and rifle qualifications with no remediation.

PHASE TRAINING MAKE-UP:

The following sworn personnel did not attend training:

COMPLETED
MAKE-UP DATE
ON 4/4/18

P.O.S.T. CERTIFICATION:

Each attending sworn personnel received a total of 8 hours POST Perishable Skills Program training (4 hours firearms/4 hours SDAT).

CONCLUSION:

A total of 61 San Rafael P.D., 9 Fairfax, and 6 College of Marin sworn personnel completed firearms/SDAT training. 50 Officers were certified in the use of the outer carrier vest. The remaining Officers chose not to wear the outer carrier vest. I submitted the attendance information for this training phase to P.O.S.T. via Electronic Data

Interchange for Perishable Skills Program (PSP) credit. We have 8 hours of P.O.S.T. PSP training left to do in this two year training cycle ending December 31st, 2018.