

Certain documents or portions of documents related to this training may be exempt from disclosure under the California Public Records Act on one or more of the following grounds:

- a. They are records dealing with security and safety procedures that are exempt pursuant to Government Code Section 6254(f). (Northern California Police Practices Project v. Craig (1979) 90 Cal.App.3d 116, 121-122.);
- b. They are materials for which the City of San Rafael does not hold the copyright or have permission to publish.

Where exempt material can be reasonably segregated from nonexempt material in these records, the exempt material has been redacted and the nonexempt material is shown. Where it is not reasonably possible to segregate out the exempt material, the Department is withholding the entire document from disclosure.

☒ **CATEGORY III. RREST & CONTROL (4 hours minimum review on required topics)**

GOAL: Proper basic arrest and control techniques through psychomotor exercises and scenarios.

Minimum Topics/Exercises :

- ☒ a) Safety orientation and warmup(s)
- ☒ b) Class Exercises/Student Evaluation/Testing
- ☒ c) Search - in exercise(s)
- ☒ d) Control/Take down/ - in exercise(s)
- ☒ e) Equipment/Restraint device(s) use - in exercise(s)
- ☒ f) Verbal commands - in exercise(s)
- ☒ g) Use of Force considerations
- ☒ h) Body Physics & Dynamics (suspects response to force)
- ☒ i) Body balance/stance/movement patterns - in exercise(s)
- ☒ j) Policies and legal issues
- ☒ k) Recovery/First Aid (as applicable)

Optional Topics / Exercises:

- ☒ l) Impact Weapons review exercise (target areas, balance, movement, retention)
- ☐ m) Weapon retention/takeaway review *
- ☐ n) Carotid Control review * (Agency policy considerations)
- ☐ o) Electronic Stunning Devices review * (as part of arrest/control exercise)
- ☒ p) Chemical Agents review * (delivery/first aid/decontamination/gas masks)
- ☐ q) Less than Lethal Weapons review/discussion

★ Incorporated as a part of primary arrest and control exercise(s)

☐ **CATEGORY IV TACTICAL OR INTERPERSONAL COMMUNICATIONS * (2 hours minimum - review not introductory course design)**

☐ **Tactical - Minimum Topics/Exercises: (2 hour minimum on topics with exercises)**

- ☐ a) Class Exercises/Student Evaluation/Testing
- ☐ b) Tactical - officer to: officer/suspect/citizen
- ☐ c) Tact Communication role within the use of force scale
- ☐ d) Communication Elements (e.g. - approach, body language, posturing, observing, listening, asking, paraphrasing, redirecting, defusing, responding, interest, empathy, influence, resolution)
- ☐ e) Officer safety (e.g. - positioning, environment, reading suspect(s), control/voluntary compliance)
- ☐ f) Professional/Non professional/Inappropriate language
- ☐ g) Intentional/unintentional contact escalation verses de-escalation (the "415 officer")
- ☐ h) Questioning techniques (e.g. - fact finding, leading, opinion/ feedback, general)

☐ **Interpersonal - Minimum Topics/Exercises: (2 hour minimum on topics with exercises)**

- ☐ a) Class Exercises/Student Evaluation/Testing
- ☐ b) Interpersonal -Officer to: officer/citizen/staff
- ☐ c) Listening Skills (verses "waiting to interrupt")
- ☐ d) Communication Elements (e.g. - body language, posturing, observing, listening, asking, paraphrasing, redirecting, deflecting, defusing, responding, empathy, influence, resolution)
- ☐ e) Dealing with difficult/dominating people
- ☐ f) Persuasion (e.g. - appeal via ethics, rational, practical, personal)
- ☐ g) Inappropriate communication (e.g. - touch, distance, words, etc.)

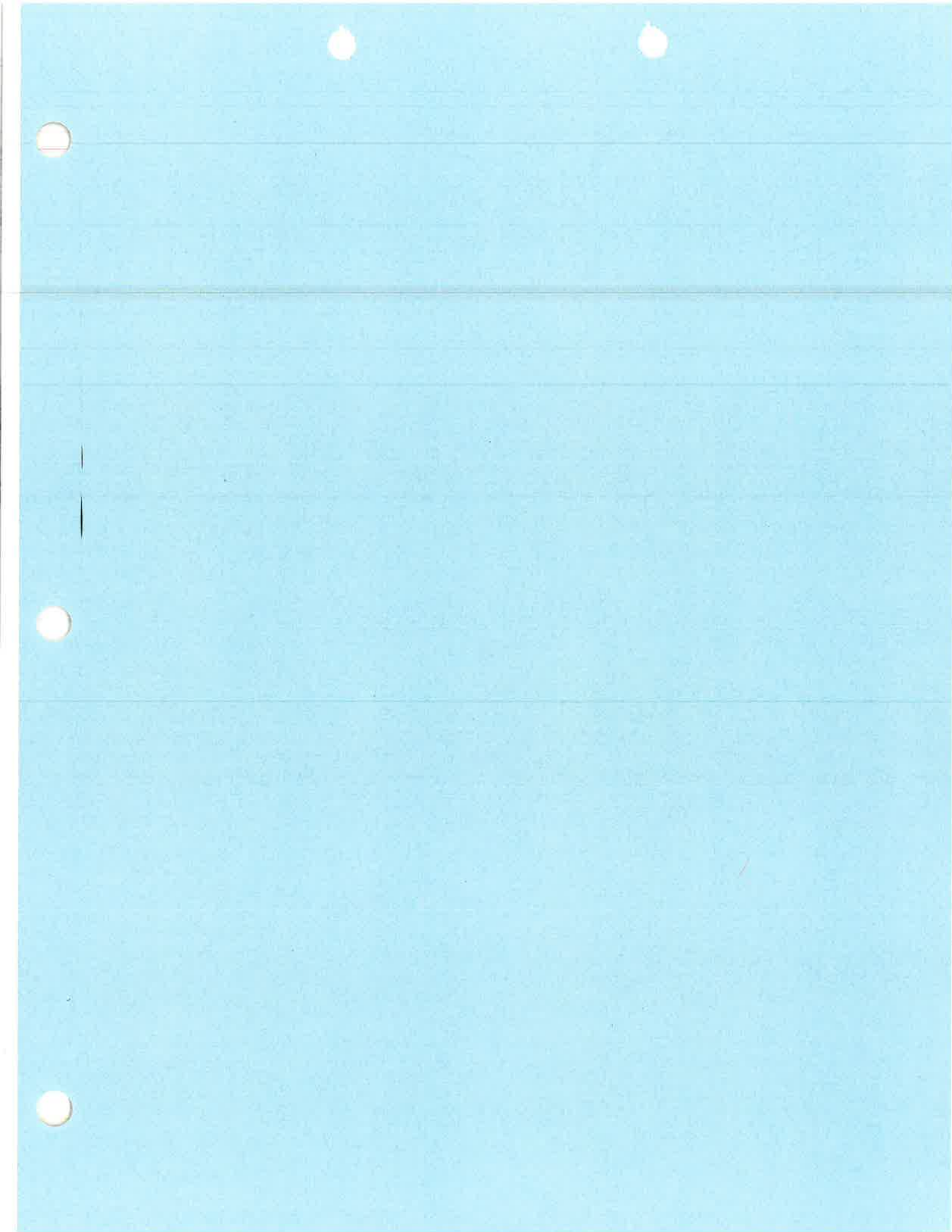
* Note: Communications are added categories that are not psycho-motor based skills as all other elements of the perishable skills program. They may be offered on alternating 24 month CPT cycles with tactical communications)



MULTIPLE PRESENTATIONS ATTACHMENT**INSTRUCTIONS**

1. This form must be attached to a Course Announcement, POST 2-110 (Rev. 9/94).
2. Tuition Courses (Plans I & III) must be submitted on a separate Course Announcement for each presentation.
3. Skills & Knowledge Module Training Courses must include either:
 - One single module topic repeated multiple times or,
 - A combination of module topics repeated more than once in the same month. For example, module topics Elderly Abuse, Sexual Harassment, and Domestic Violence presented together as one course, and repeated more than once in the same month.

| | | | | |
|---|--------------|---|---|--|
| PRESENTER San Rafael Police Dept. | | | COURSE CERTIFICATION NO. 3160- | |
| MONTH/YEAR PRESENTED 06-2004 | | | COURSE TITLE Firearms and Arrest and Control | |
| START/END DATES (Must begin in the same month) | ENDING DATES | TIME (If different than Section "e" on Form 2-110) | LOCATION (If different than Section "D" on Form 2-110) | FOR POST USE ONLY Course Control Number |
| 03-04-05 | 03-04-05 | Same | Same | |
| 03-09-05 | 03-09-05 | Same | Same | |
| 03-11-05 | 03-11-05 | Same | Same | |
| 03-15-05 | 03-15-05 | Same | Same | |
| 03-17-05 | 03-17-05 | Same | Same | |
| 03-18-05 | 03-18-05 | Same | Same | |
| 03-21-05 | 03-21-05 | Same | Same | |
| 03-25-05 | 03-25-05 | Same | Same | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |



POST PERISHABLE SKILLS PROGRAM

EXPANDED COURSE OUTLINE(S): MINIMUM CONTENT CHECKLIST

IMPORTANT PREMISE: This PSP program is anchored on the premise of the need for officers to revisit basic training "GROSS PSYCHO-MOTOR SKILLS" in these three core areas (Firearms, Arrest/Control, Driving). POST does not provide test material for the PSP. All evaluations/ exercises/ tests are the responsibility of the presenters for development and use. All courses/topics are intended to be review, not introductory in design.

Presenters of courses are required to evaluate and identify minimum curriculum in their submitted expanded course outline for each category/course. This will assist POST in review and appropriate coding. All minimum topics must be covered. [Example: Use "I. (f)" on the right margin of your Tactical Firearms - Expanded Course Outline submittal for "Weapons clearing" to indicate that topic is covered. See below.]

Please check Category and Topic boxes covered in your submitted course*:

☒ CATEGORY I. TACTICAL FIREARMS (4 hours minimum review on required topics)

Minimum Topics/ Exercises:

- ☒ a) Basic Tactical Firearms Situations - Judgement and Decision Making Exercise(s) - expanded outline must define each exercise and its terminal objective(s)
- ☒ b) Class Exercises/Student Evaluation/Testing
- ☒ c) Safety guidelines/orientation
- ☒ d) Sight Alignment, Trigger Control, Accuracy
- ☒ e) Target recognition and analysis
- ☒ f) Weapons Clearing
- ☒ g) Live Fire Tactical/or Simunitions Tactical
- ☒ h) Policy and/or legal issues
- ☒ i) Use of Force considerations (options)
- ☒ j) Moral obligations

Optional Topics/Exercises:

- ☒ k) Less than lethal munitions options/availability
- ☐ l) Weapons Retention/Takeaway

Note: "Basic Marksmanship and Routine range re-qualifications are not considered a part of the PSP program."

☐ CATEGORY II DRIVER TRAINING/AWARENESS * (4 hours minimum review on required topics)

Minimum Topics/Exercises

- ☐ a) Behind the wheel exercises to improve driving skills - judgement and decision making
- ☐ b) Class Exercises/Student Evaluation/Testing
- ☐ c) Defensive driving
- ☐ d) Intersections exercise(s)
- ☐ e) Backing/parking exercise(s)
- ☐ f) Policy, legal, and moral issues
- ☐ g) Vehicle Dynamics

Optional Topics/Exercises:

- ☐ h) Response to crime incidents
- ☐ i) Intervention techniques/ Risk assessment
- ☐ j) Code 3/ Pursuit driving
- ☐ k) Vehicle Control/Skid Pan techniques

*NOTE: DRIVING SIMULATOR AND FORCE SIMULATOR PROGRAMS ARE SUBMITTED AND CERTIFIED UNDER A SPECIALIZED APPROVAL PROCESS WITH UNIQUE ADMINISTRATIVE PROTOCOLS/CONTRACT.

JSM

**SAN RAFAEL POLICE DEPARTMENT
TRAINING UNIT FINAL REPORT
PHASE 3**

MEMORANDUM

DATE: 06-16-05

TO: JOHN ROHRBACHER, CHIEF OF POLICE (JW) 263
THOMAS BOYD, CAPTAIN
JEFF FRANZINI, CAPTAIN 984272

FROM: OFFICER MARK M. PIOMBO
TRAINING MANAGER / INSTRUCTOR

RE: FINAL REPORT
PHASE 3

Attached are the course outline, safety policies, instructor schedule, training record sheets, attendance record, and POST certification request. There were a total of eight sessions presented. The first session was on 02-04-05 and the last session was completed on 02-25-05. The class was a combination of firearms training and arrest and control tactics.

Our training day started with the officers registering for the class and being given an overview of the day. The class was led in some stretching and warming up activities prior to any physical training. We reviewed and practiced nerve stimulation, wrist controls and handcuffing. We also reviewed the ASP tactical baton techniques and terminology. Crowd control tactics were also incorporated into the ASP training. O.C. use and first aid for O.C. exposure were addressed. The use of the hobble and medical issues concerning the use of hobbles were included in our lecture.

The second part of the class was held on the range qualifying with the rifle, pistol and shotgun. On the range, each officer was required to qualify with the rifle and pistol while wearing their uniform and personal body armor. They were also required to shoot both qualifications while wearing their tactical helmet and vest. Officers also worked on their individual operator skills, such as moving and shooting, the immediate reaction drill, scanning, CQB drills and entry drills. Officers also took the G.O. 80-30 firearms exam.

Officers were required to shoot a rifle qualification course from various positions such as, standing, kneeling, seated and prone. They also practiced shooting and moving with the

MISSED TWO FIREARMS QUALIFICATIONS

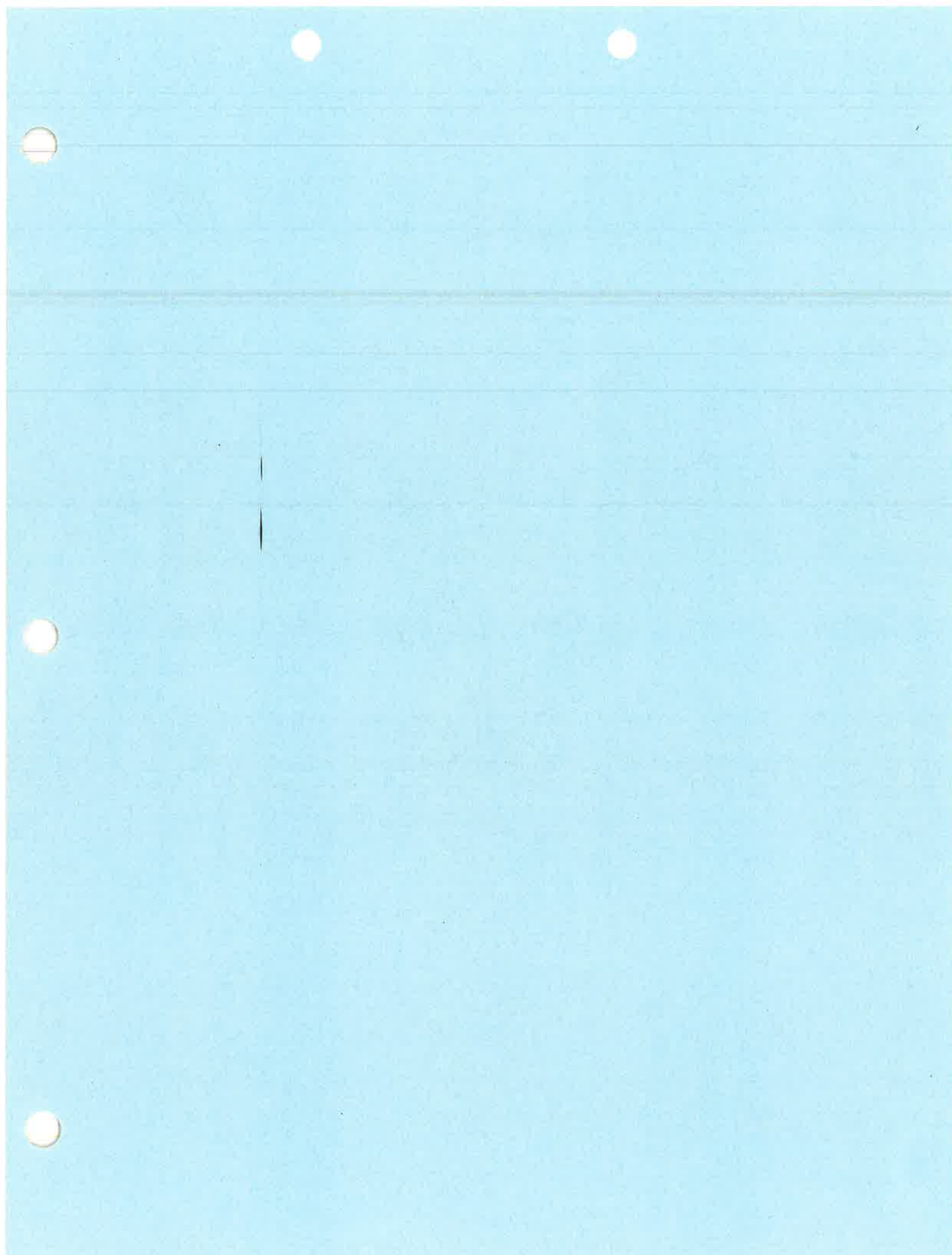
1. Off. R. Mathis
2. Sgt. Smiley
2. Off. MacDonald
4. Off. Cingolani

CONCLUSION:

On average, each individual officer's effort and performance in this phase of training was very good. Basic qualifications were excellent. The feedback that I received from each class was very positive.

I submitted this phase of training to P.O.S.T. for perishable skills credit in the area of Tactical Firearms, Arrest and Control. The training was certified by P.O.S.T. The next phase training will also be a combination of firearms and arrest and control tactics.





PHASE III

FIREARMS AND ARREST AND CONTROL

COURSE HOURLY DISTURBUTION

DEF. TAC.: 0700-1200 HOURS: INSTURCTED BY OFFICER M. PIOMBO

| | |
|-------------------|----------------------------------|
| 0645-0700: | REGISTRATION |
| 0700-0730: | WARM UP AND STRECH |
| 0730-0800: | NERVE STIMULATION |
| 0800-0900: | WRIST CONTROLS |
| 0900-1000: | HANDCUFFING/SEARCHING |
| 1000-1030: | ASP |
| 1030-1100: | OC PEPPER SPRAY |
| 1100-1130: | PERSONAL WEAPONS |
| 1130-1200: | BAG WORK, VERGAL COMMANDS |
| 1200-1245: | LUNCH |

FIRARMS: 1245-1700 HOURS: INSTURCTED BY OFFICER M. PIOMBO

| | |
|-------------------|--|
| 1245-1300: | FIREARMS LECTURS/SAFETY BREIFING |
| 1300-1400: | PISTOL QUALIFICATION: OFF AND ON DUTY |
| 1400-1500: | RIFLE QUAL.WITH AND WITHOUT TAC. GEAR |
| 1500-1600: | INDIVIDUAL OPERATOR RIFLE AND PISTOL SKILLS |
| 1600-1700: | LESS LETHAL LECTURE AND QUALIFICATION |

| | |
|--------------------|----------------------------|
| <u>1700</u> | <u>END OF CLASS</u> |
|--------------------|----------------------------|

PHASE 3 FIREARMS ARREST AND CONTROL

EXPANDED COURSE OUTLINE

CONTENT

0645-0700: CLASS STARTS/REGISTRATION

Tactical Firearms: I,J,H

- A. INSPECTION/REGISTRATION
 - 1. Gun
 - 2. Leather/nylon duty belt and accessories
- B. GENERAL ORDER 80-30
 - 1. Review
 - 2. Test
- C. SAFETY BRIEFING
 - 1. Arrest and control
 - 2. Firearms/Range lecture

0700-0730: WARM UP AND STRECH

Arrest and Control: A

- A. UPPER BODY WARM UPS AND STRETCHING
 - 1. Circular rotation of head
 - 2. Circular rotation of shoulders
 - 3. Circular rotation of arms and wrist
 - 4. Circular rotation of torso
 - 5. Arm stretches
 - 6. Wrist stretches
- B. LOWER BODY WARM UPS AND STRETCHING
 - 1. Touch toes
 - 2. Bend leg back while standing
 - 3. Calf stretches
 - 3. Other misc. stretches
- C. Jog around building

0730-0800: NERVE STIMULATION

Arrest and Control: H,D

- A. STERNO-MASTOIDAL
 - 1. Left and right sides
- B. HEAD REVERSAL TATKDOWN
 - 1. Left and right sides
- C. HAIR PULL TAKEDOWN
 - 1. From behind

PHASE 3 FIREARMS ARREST AND CONTROL

- D. SALIVARY GLAND
 - 1. From behind

- E. GUM NERVE
 - 1. From behind

- E. BUCKLE NERVE
 - 1. From behind
 - 2. From the front

- F. Armpit
 - 1. From behind
 - 2. From the front

0800-0900: WRIST CONTROLS

Arrest and Control: B,D,F,H

- A. COME ALONG
 - 1. Left
 - 2. Right

- B. FRONT WRIST CONTROL
 - 1. Left
 - 2. Right

- C. REAR WRIST CONTROL
 - 1. Left
 - 2. Right

- D. BAR ARM
 - 1. Side
 - 2. Back

- E. ARM LOCK
 - 1. Right
 - 2. Left

- F. COMBOS

- G. WRIST CONTROLS AND TAKE DOWNS FROM THE CONTROL HOLDS
 - 1. Front wrist control
 - 2. Rear wrist control
 - 3. Bar arm
 - 4. Arm lock
 - 5. Bar hammer lock take down w/prone control

0900-1000: HANDCUFFING/SEARCHING

Arrest and Control: C,E,J

PHASE 3 FIREARMS ARREST AND CONTROL

- A. STANDING
 - 1. Cooperative subject
- B. KNEELING
 - 1. High risk
- C. PRONE
 - 1. High risk
- D. PRONE CONTROL/BAR HAMMER LOCK HANDCUFFING
 - 1. Combative/uncooperative
- E. Search (gloves)
 - 1. Quadrant search
 - 2. Pat
 - 3. Safety

1000-1030: ASP

Arrest and Control: J,G,F,I

- A. WEAPON HAND STRIKE
- B. REACTION HAND STRIKE
- C. STRAIGHT STRIKE
- D. DOUBLE HANDED STRIKE
- E. POSITIONING ON THE BELT
- F. STRIKING AREAS
- G. NON-STRIKING AREAS
- H. RIOT CONTROL
 - 1. Skirmish line
 - 2. Tem movement
 - 3. Less lethal
 - 4. Arrest teams

1030-1100: OC PEPPER SPRAY

Arrest and Control: P,G,F,F,J

- A. DISTANCE AND DURATION
 - 1. 3'-15'
 - 2. 1.5-2 second burst
 - 3. Verbal
- B. FIRST AID
 - 1. Air and water

1100-1130: PERSONAL WEAPONS

Arrest and Control: G,H,I,J,D,B

- A. HAND / FIST STRIKES
- B. ARM / ELBOW STRIKES
- C. LEGS / KNEE STRIKES
- D. FEET / HEEL STRIKES

PHASE 3 FIREARMS ARREST AND CONTROL

1130-1200 : BAG WORK, VERBAL, COMMANDS

Arrest and Control: J,I,H,G,F,E,D,C,B

- A. BAG WORK
 - 1. ASP strikes
 - 2. Personal weapons
 - 3. One attacker
 - 4. Two attackers

1200-1245 LUNCH

1245-1300: FIREARMS LECTURE/SAFETY BRIEF

Tactical Firearms: D,C

- A. FIVE STEP DRAW, RECOVERY AND SCAN
- B. FUNDAMENTALS OF SHOOTING
- C. COMBAT RELOAD
- D. TACTICAL RELOAD
- E. BARRICADE
 - 1. Standing
 - 2. Knelling
 - 3. Sitting
 - 4. Prone

1300-1400: PISTOL QUALIFICATION (DUTY/OFF DUTY FIREARMS)

Tactical Firearms: B

- A. DUTY GUN QUALIFICATION
 - 1. 3 yards: From the three positions 12 shots one reload in thirty seconds
 - a. Stance, grip, combat stance, create distance and speed
 - 2. 7 yards: From the five positions 12 shots one reload in thirty seconds
 - a. Sights, combat stance, trigger control
 - 3. 20 yards: From the five positions 12 shots one reload in thirty seconds
 - a. Sights, combat stance, trigger control, breath control
- C. OFF DUTY GUN QUALIFICATION (NO USE OF SHOULDER HOLSTERS OR FANNY PACKS)
 - 1. 3 yards: From the three positions 12 shots one reload in thirty seconds
 - a. Stance, grip, combat stance, create distance and speed

PHASE 3 FIREARMS ARREST AND CONTROL

2. 7 yards: From the five positions 12 shots one reload in thirty seconds
 - a. Sights, combat stance, trigger control
3. 20 yards: From the five positions 12 shots one reload in thirty seconds
 - a. Sights, combat stance, trigger control, breath control

1400-1500: RIFLE QUALIFICATION (WITH AND WITHOUT TACTICAL GEAR)

Tactical Firearms: B

- A. RIFLE QUALIFICATION WITHOUT TACTICAL VEST
 1. 50 yards 5 rounds
 - a. Prone
 2. 50 yards 5 rounds
 - a. Sitting (open or closed leg)
 3. 25 yards 5 rounds
 - a. Standing with a tactical reload
 4. 25 yards 5 rounds
 - a. Kneeling unsupported
 5. 25 yards 5 rounds
 - a. Kneeling supported
 6. 15 yards 3 rounds
 - a. Standing with a tactical reload
 7. 15 yards 3 rounds
 - a. Kneeling
 8. 15 yards 2 rounds
 - a. Shooting on the move
 9. 15 yards 3 rounds
 - a. tactical shuffle
 10. 10 yards 3 rounds
 - a. (2+1) drug/armor drill (2 body/1head)
 11. 10 yards 3 rounds
 - a. (2+1) drug/armor drill (2 body/1 head)
 12. 7 yards 2 rounds
 - a. Malfunction drill/transition and clear malfunction
 13. 7 yards 2 rounds
 - a. Malfunction drill/transition and clear malfunction
 14. 7 yards 3 rounds
 - a. (2+1) CQB grip to extended grip (2 body/1head)
 15. 7 yards 3 rounds
 - a. (2+1) CQB grip to extended grip (2 body/1head)
- B. RIFLE QUALIFICATION WITH TACTICAL VEST
 1. 50 yards 5 rounds
 - a. Prone
 2. 50 yards 5 rounds
 - a. Sitting (open or closed leg)
 3. 25 yards 5 rounds

PHASE 3 FIREARMS ARREST AND CONTROL

- a. Standing with a tactical reload
- 4. 25 yards 5 rounds
 - a. Kneeling unsupported
- 5. 25 yards 5 rounds
 - a. Kneeling supported
- 6. 15 yards 3 rounds
 - a. Standing with a tactical reload
- 7. 15 yards 3 rounds
 - a. Kneeling
- 8. 15 yards 2 rounds
 - a. Shooting on the move
- 9. 15 yards 3 rounds
 - a. tactical shuffle
- 10. 10 yards 3 rounds
 - a. (2+1) drug/armor drill (2 body/1head)
- 11. 10 yards 3 rounds
 - a. (2+1) drug/armor drill (2 body/1 head)
- 12. 7 yards 2 rounds
 - a. Malfunction drill/transition and clear malfunction
- 13. 7 yards 2 rounds
 - a. Malfunction drill/transition and clear malfunction
- 14. 7 yards 3 rounds
 - a. (2+1) CQB grip to extended grip (2 body/1head)
- 15. 7 yards 3 rounds
 - a. (2+1) CQB grip to extended grip (2 body/1head)

1500-1600: INDIVIDUAL OPERATOR RIFLE AND PISTOL SKILLS

Tactical Firearms: f

- A. LOADING AND UNLOADING
 - 1. Magazine in and cycle action to load
 - 2. Magazine out action locked back (visually and physically inspect)
- B. FAILURE TO FIRE
 - 1. Transition to pistol
 - 2. Call for cover, kneel down, holster pistol, clear and load rifle, announce "ready" and come up
- C. MARKSMANSHIP SKILLS 50 YARDS
 - 1. Breathing, sights, grip, stance, trigger control, sear reset
- D. TURNING AND MOVING
 - 1. Left 90 or 180 degrees
 - 2. Right 90 or 180 degrees
 - 3. Standing, high kneeling, low kneeling
- E. TACTICAL WALK
 - 1. Slow: Deliberate
 - 2. Medium: Dynamic
 - 3. Fast: hostage rescue
 - 4. Inline/online with team members
- F. STACKED POSTIONS

PHASE 3 FIREARMS ARREST AND CONTROL

1. Movement in or out of a room
2. Verbalization (movement into an inner connecting room)
3. Laser rule and head up/eyes up
- G. IN LINE/ON LINE MOVEMENT
 1. Fields of fire
 2. Stationary
 3. Moving
- H. CQB HOLDS
 1. In close hold
 2. Left and right hand holds
- I. WEAPON RETENTION
 1. Close hold
 2. ASP baton style retention (use of barrel)
- J. FIVE STEP DRAW AND RECOVERY
 1. Count each step and dry fire
 2. Count each step and live fire

1600-1700: LESS LETHAL LECTURE

Tactical Firearms: A,B,J,I,K,G,F,Q

- A. REVIEW LESS LEATHAL STRIKE ZONES
 1. Rear and front zones
 2. Areas to avoid
 - a. Head, neck, spine, head, groin, upper chest and lower back (kidneys)
- B. DEPLOYMENT CONSIDERATIONS
 1. Distance
 - a. No deployment minimum
 2. MUST CONSIDER CIRCUMSTANCES
 - a. Body area impact/multiple hits
 - b. Body weight/mass
 - c. Clothing
 - d. Wind
- C. FIRST AID
 1. Blunt force trama
 - a. Bruises, broken bones ect.
- D. QUALIFICATION/JUDGEMENT CALL SCENARIO
 1. TWO OFFICERS
 - a. Less lethal and lethal
 2. VERBAL
 - a. Warnings and announcement
 3. Officer must score an "A" zone hit at 10 and 20 yards

SEARCH AND SEIZURES

THREE TYPES:

- 1) Consensual
- 2) Detention
- 3) Arrest

DEFINITIONS

CONSENSUAL ENCOUNTER: A contact between an officer and an individual, which is *strictly voluntary*.

Factors to consider:

- A. The key element is that the person remains totally free to leave or not cooperate
- B. You must not restrain the person or exert any authority over him
- C. You do not need any objective reason or justification for initiating this type of contact
- D. Merely approaching someone is not a detention
- E. No Fourth Amendment privacy interest are invaded when an officer seeks a consensual interview with a suspect
- F. Neither is without more
 1. Inquiring about identity or requesting identification
 2. Shining your spotlight on someone
 3. Asking him to remove his hands from his pockets
 4. Or merely asking if the person will step to the side and talk to you
- G. The exact words you use and even the tone of your voice are extremely important to a court
- H. You must avoid sending any message that compliance with your request is mandatory or required.

NOTE: In other words, a police officer may approach an individual in a public place, identify himself as a law enforcement officer and in a non-coercive manner, ask the individual a few questions without converting the encounter into a "Detention." As long as a reasonable person would feel free to disregard the police and go about his or her business, the encounter is "Consensual."

Detention: Exerting or asserting authority over the person, the contact will be illegal unless supported by "Reasonable Suspicion." To have "Reasonable Suspicion" you must reasonably believe that criminal activity may be afoot and the person you are about to detain is connected with that possible criminal activity. Listed below are actions by the officer that can create a detention.

- A. Giving orders
- B. Demanding answers
- C. Displaying a weapon
- D. Using a harsh tone
- E. Telling them to stop doing X
- F. Move to some other location
- G. Physical restraint

NOTE: During a "detention", you have no power to conduct a general, full, exploratory search of the suspect, unless they are on parole or searchable probation. (No suspicion of criminal activity is required)

Patdown or limited weapon search under "Detention":

- 1) Only for weapons
- 2) Only of their outer clothing
- 3) Only if you have specific facts which make you feel in danger

You must reasonably suspect that the person is armed or may be armed, although you do not need to be positive. The courts are quite supportive of your safety. But at the very least you need a potentially dangerous situation to justify a patdown search.

ARREST: The suspect is taken into *physical custody* for a misdemeanor or felony.

Factors to consider:

- A. May be searched immediately for weapons or evidence of the crime.
- B. Should be searched prior to being transported.
- C. Should be searched prior to booking
- D. Strip searches may be conducted when supported by the evidence of the crime and in an appropriate location and manner. Weapons, drugs, contraband, ect. are the focus of the search.

SEARCHING TECHNIQUES APPROVED BY SRPD

Consensual:

- A. No physical force or pain compliance should be exerted
- B. No control technique should be applied
- C. Non-searching hand should rest on the subject's closest arm
- D. Cover officer should be present during search

Detentions:

- A. Physical force or pain compliance may be used when appropriate
- B. Approved SRPD control technique's should be used
- C. Cover officer should be present during the search

Arrest:

- B. Suspect should be handcuffed prior to being searched
- C. SRPD control techniques should be applied while searching the suspect
- D. Physical force or pain compliance may be used when appropriate
- E. Cover officer should be present during the search

SAN RAFAEL TRAINING STAFF

SRPD GAS MASK INSPECTION AND TRAINING

1. PHYSICAL INSPECTION

- a. Inspect straps and buckles
- b. Inspect area of rubber seal that comes in contact with users skin
- c. Inspect shield where it meets the rubber mask
- d. Inspections of carry bag

2. DONNING TEST

- a. Properly staged straps
- b. Proper donning of mask
 1. Push mask against face with one hand
 2. Pull straps over head
 3. Tighten buckles from bottom to top and repeat the process until snug

3. FIT TEST: POSITIVE AND NEGATIVE PRESSURE TEST

- a. Place hand over filter and breath in (no air should enter the mask)
- c. Place hand over exhalation vet and breath out (air should escape out the sides of the mask)

**San Rafael Police Department
Training Unit
Phase 3 Training 2004**

“FIREARMS AND ARREST/CONTROL”

SAFETY POLICY

It shall be the policy of the San Rafael Training Unit to conduct all training in such a manner as to promote an attitude of safety among instructors and students alike. Concern for safety is contagious and can only result in a reduction of risk.

The efforts of all personnel involved in training shall be directed toward ensuring a safe atmosphere within which maximum training benefit can be realized.

I. STAFF / ADMINISTRATIVE RESPONSIBILITIES

- A. The training staff shall provide advance notice to prospective trainees and their agencies regarding anticipated physical demands and / or physical performance expectations. The training staff shall maintain a staff-to-student ratio of 1:5.
- B. Instructors shall be provided with a copy of the specific safety guidelines pertaining to their course of instruction prior to the commencement of their class.
- C. The training staff shall ensure that emergency communications such as phones and radios are accessible at all training sites. These communication devices shall be readily accessible to both staff and students at all times.
- D. All members of the instructional staff shall be trained in first aid and CPR. A first aid kit shall be readily accessible to both staff and students at all times.
- E. Student emergency notification information shall be maintained for the duration of the course.
- F. When planning a training event the training staff shall identify which medical facilities and emergency services are available or subject to call in the event of emergency or student injury (San Rafael Police Dispatch 415-485-3098, EMS 911).

II. INSTRUCTIONAL STAFF-TO-STUDENT RATIOS

- A. Instructional staffs to student ratios for each psychomotor skill area have been established. Factors considered in establishing these ratios included, but were not limited to:
- the intensity or pace of the training experience
 - student familiarity with the material
 - characteristics of the training site
 - injury potential
 - active versus passive participation*
- B. For the purposes of establishing an instructional staff to student ratio, the following personnel titles and descriptions are viewed by the San Rafael Police Department Training Staff as exerting functional supervision over students in training:
- Primary Instructor
 - Assistant Instructor (s)
 - Training Staff Member (s)
 - Training Manager
- C. The specific ratios are identified in this safety policy as 1:3
- D. Reassessment of the staff-to-student ratio will be initiated when curriculum changes are proposed or when course structure is otherwise modified.
- Terms used as defined in the document POST Guidelines for Student Safety in Certified Courses

III. INSTRUCTOR RESPONSIBILITIES

- A. The primary instructor shall be responsible for conducting safety inspections of students and facilities used for training.
- B. Instructors should be aware of environmental factors such as weather or air quality and adjust the instruction as necessary.

- C. The primary instructor or designee shall verbally review specific safety rules with students prior the conducting any training.
- D. Specific safety rules shall be incorporated into lesson plans. Copies of safety rules shall be distributed to students as part of the course handouts.
- E. Instructors shall adhere to the expanded course outline as approved by the Training Staff, Certified Presenter and as submitted to POST.
- F. Instructors shall advise students of their responsibility to report and/ or stop unsafe actions during training.
- G. Instructors shall display an attitude of safety and professional demeanor at all items.

IV. STUDENT RESPONSIBILITIES

- A. Students shall immediately notify a member of the Instructor Staff of any known pre-existing medical condition which is likely to be aggravated by, or effect performance during training.
- B. Students shall be required to provide evidence of medical or physical fitness for training if the instructor questions their ability to perform safely.
- C. Students shall immediately notify a member of the training staff of any injury sustained during training.
- D. Students are responsible for adhering to all safety requirements of individual courses.

V. RESPONSE TO INJURIES

- A. In the event of an injury, the following actions shall be taken as necessary:
 - 1. Render first aid.
 - 2. Obtain appropriate medical assistance. In all cases where a student loses consciousness an evaluation shall be sought from a competent medical authority before the student is allowed to return to training.
 - 3. Notify Training Manager and on-duty watch commander.

4. Initiate other appropriate notifications appropriate notifications or actions as required (Richmond Fire Department #510-307-8031, San Rafael Police Dispatch 415-485-3098, EMS 911).
5. Investigate and submit a written report to the training manager.
6. Students who sustain an injury, which requires treatment by a physician, must obtain a medical release from the treating physician before they will be allowed to resume training.

VI. COURSE-SPECIFIC SAFETY RULES

- A. Specific safety rules and procedures for individual subject areas are attached. Specific rules vary due to differences in subject matter, tasks to be performed and particular training environment or site.
- B. Reference has been made to the following resource in developing this policy:

POST Guidelines for Student Safety in Certified Courses
California Commission on Peace Officer Standards and Training, 1990

**San Rafael Police Department
Training Unit
Phase 3 Training 2005**

“FIREARMS AND ARREST/CONTROL”

COURSE-SPECIFIC SAFETY RULES

It shall be the policy of the San Rafael Training Unit to conduct all training in such a manner as to promote an attitude of safety among instructors and students alike. Concern for safety is contagious and can only result in a reduction of risk.

The efforts of all personnel involved in training shall be directed toward ensuring a safe atmosphere within which maximum training benefit can be realized.

I. TRAINING FACILITY

- A. The Training Staff shall provide a facility that is suitable for teaching defensive tactics. The goal is to provide a training facility that minimizes the chance of injury. The Training Staff will consider the following conditions when choosing a training facility.
 - 1. The size of the facility shall be adequate enough for the number of students.
 - 2. The workout area should be clear of objects that an officer could trip on.
 - 3. The workout area should have a free flow of air
- B. The primary instructor will conduct a pre-training inspection of the facility.
- C. The range shall be cleared of obstructions.
- D. All steel targets not being used shall be removed from the range or set aside.

II. EQUIPMENT

- A. Equipment used on range and during scenario training should be inspected regularly.
- B. Proper equipment should be supplied.
 - 1. Ballistic vests

2. Gas mask
 3. AR-15 rifles
 4. Ear protection
 5. Eye protection
 6. Class C uniform and personal body armor
 7. Duty belt
 8. Water shall be supplied to students
 9. Rain gear on days that it rains
- C. Instruction shall be conducted in the classroom, on the range and in a building
1. Students shall wear a class C uniforms with boots, ballistic vest and duty belt with duty firearm and ammunition on their person while on the range.
 2. Students shall not have any ammunition on their person while in the classroom or in the training scenario building.

III. PRESENTATION GUIDELINES

- A. Instructors should maintain an appropriate level of discipline over students at all times. This will allow the instructor to maintain a safe training atmosphere conducive to learning.
- B. Instructors should be aware of physical fatigue factors, which affect the ability of the student to perform safely.
- C. Instructors should be aware of the temperature.
- D. Instructors should also monitor consumption of water.

IV. PHYSICAL PREPERATION AND CONCLUSION

- A. A systematic physical warm-up procedure should be initiated prior to commencement of any training involving physical activity.

1. When stretching, specific attentions should be given to the joint groups, wrist, hands, neck, legs, lower back and shoulders.

B. A systematic procedure for cooling-down should be initiated at the conclusion of any physically demanding class.

1. Specific attentions should be given to the joint groups, wrist, hands, neck, legs, lower back and shoulders.

**San Rafael Police Department
Training Unit
Phase 3 Training 2004**

“ARREST AND CONTROL”

COURSE-SPECIFIC SAFETY RULES

It shall be the policy of the San Rafael Training Unit to conduct all training in such a manner as to promote an attitude of safety among instructors and students alike. Concern for safety is contagious and can only result in a reduction of risk.

The efforts of all personnel involved in training shall be directed toward ensuring a safe atmosphere within which maximum training benefit can be realized.

I. TRAINING FACILITY

- A. The Training Staff shall provide a facility that is suitable for teaching defensive tactics. The goal is to provide a training facility that minimizes the chance of injury. The Training Staff will consider the following conditions when choosing a training facility.
 - 1. The size of the facility shall be adequate enough for the number of students.
 - 2. The workout area should be clear of objects that an officer could trip on.
 - 3. The workout area should have a free flow of air
- B. The primary instructor will conduct a pre-training inspection of the facility.

II. EQUIPMENT

- A. Equipment used in defensive tactics training should be inspected regularly.
- B. Proper equipment should be supplied.
 - 1. Practice batons
 - 2. Elbow pads
 - 3. Knee pads

4. Hitman suit
 5. Training mats
 6. Class C uniform and vest
 7. Duty belt
- C. Instruction shall be conducted in the classroom and on the mats
1. Students shall wear a class C uniforms with boots, ballistic vest and duty belt with no firearms or ammunition on their person.

III. PRESENTATION GUIDELINES

- A. Instructors should maintain an appropriate level of discipline over students at all times. This will allow the instructor to maintain a safe training atmosphere conducive to learning.
- B. Instructors should be aware of physical fatigue factors, which affect the ability of the student to perform safely.
- C. Instructors should be aware of the temperature.

IV. PHYSICAL PREPERATION AND CONCLUSION

- A. A systematic physical warm-up procedure should be initiated prior to commencement of any training involving physical activity.
 1. When stretching, specific attentions should be given to the joint groups, wrist, hands, neck, legs, lower back and shoulders.
- B. A systematic procedure for cooling-down should be initiated at the conclusion of any physically demanding class.
 1. Specific attentions should be given to the joint groups, wrist, hands, neck, legs, lower back and shoulders.

RANGE SAFETY GUIDELINES

RANGE DEFINITIONS AND TERMINOLOGY

- 1) 180-Degree Rule: The muzzle of a firearm shall never cross back over the shooting line.
- 2) Master Grip: Trigger finger is kept outside of the trigger guard and off of the trigger at all times until the shooter is ready to fire.
- 3) Laser Rule: Imagine a laser coming out of the barrel of your gun and anything it crosses will be destroyed.
- 4) Firing Line: The locations where the shooters stand and face the target.
- 5) Depressed Muzzle: The firearm is pointed down range at the target, the muzzle is slightly depressed and pointing below your target. The shooter is looking over the sights and maintaining a master grip.
- 6) Ready Gun Position: The firearm is shouldered or pointed down range and the muzzle is below the target. The shooter is looking at the target and the shooter is maintaining a master grip.

RANGE RULES

- 1) Treat all guns as if they are loaded
- 2) No loaded guns in the classroom
- 3) No ammunition in the classroom
- 4) Firearms are to be kept in their holsters or a gun box/sock while in the classroom
- 5) Eye protection must be worn on the range at all times
- 6) Ear protection must be worn on the line at all times
- 7) Muzzles must be pointed down range at all times (180 rule)
- 8) Finger off the trigger until ready to fire (master grip)
- 9) The muzzle never covers a person (laser rule)
- 10) Be sure of your target, its backstop, and beyond
- 11) During a reload always maintain a master grip, look at the firearm, and do not rush
- 12) If your firearm fails try to fix it and continue but if you cannot safely do so then you should depress the muzzle, point it down range and raise your hand for assistance by a range officer.
- 13) Never step in front of the firing line until cleared by a range officer
- 14) Never pick up gear on the ground until the command to do so is given
- 11) Obey the range officer's commands

RANGE COMMANDS

- 1) The line is hot or live
- 2) Load and make ready or charge your weapons.
- 3) Ready on the line? The line is ready or shooters will be told to standby.
- 4) Command to fire will be: Threat, fire, gun or knife.
- 5) Command to stop: Cease fire or a sound of a whistle.

- 6) Make your weapons safe: The magazine of a pistol will be removed, slide locked back and the muzzle pointed at the ground. The magazine of a rifle will be removed, safety on, chamber safe device will be inserted and the bolt will be forward.
- 7) The command for picking up equipment will be given as: It is clear to police up your gear.
- 8) When the line is safe the shooters will be told: The line is cold or the line clear.

RANGE SAFETY EQUIPMENT

Range officers will have the following equipment at the range at all times. The equipment will be either used or located where it is visible and there is quick and immediate access to it.

- 1) Ballistic vest
- 2) Range officer uniform
- 3) Range officer whistle
- 4) Range officer megaphone
- 5) Range officer Nextel
- 6) First aid kit
- 7) Extra ballistic vest

MEDICAL EMERGENCY PROTOCOL

In the event of an emergency requiring medical attention, the range officers will use their Nextels to directly contact dispatch. The San Rafael Fire Department will be dispatched and the police department's watch commander will be notified.

Basic First Aid will be given to the injured officer until medical assistance is on scene.

EMERGENCY PHONE NUMBERS

Richmond Rod and Gun Club Range: Richmond Fire Department #510-307-8031

Bullseye Indoor Shooting Range: San Rafael Fire Department #415-485-3304

San Rafael Police Dispatch #415-485-3098

USE NEXTEL TO CONTACT DISPATCH