Certain documents or portions of documents related to this training may be exempt from disclosure under the California Public Records Act on one or more of the following grounds:

a. They are records dealing with security and safety procedures that are exempt pursuant to Government Code Section 6254(f). (Northern California Police Practices Project v. Craig (1979) 90 Cal.App.3d 116, 121-122.)

b. They are materials for which the City of San Rafael does not hold the copyright or have permission to publish.

Where exempt material can be reasonably segregated from nonexempt material in these records, the exempt material has been redacted and the nonexempt material is shown. Where it is not reasonably possible to segregate out the exempt material, the Department is withholding the entire document from disclosure.
SAN RAFAEL POLICE DEPARTMENT
S.D.A.T. ORIENTATION COURSE

30 HOUR COURSE

OFFICERS NAME:

INSTRUCTOR: OFFICER M. Piombo

DATE: OCTOBER 7, 2003

LOCATION: NORTH GATE MALL / HAMILTON

STUDENT'S SELF DEFENSE BACKGROUND:
ARMY MILITARY TRAINING, P.O.S.T. ACADEMY TRAINING

RATING SYSTEM:

P- PASS or COMPLETED

R-1 REMEDIAL TRAINING RECOMMENDED PRIOR TO THE START OF FTO PROGRAM.

R-2 REMEDIAL TRAINING RECOMMENDED DURING THE FTO PROGRAM.

T/C TRAINING COMPLETE.
SECTION TAUGHT PRIOR TO CLASS, IN THE ACADEMY, OR OTHER P.D.

N/A NOT APPLICABLE.
WILL NOT BE CARRYING ON DUTY. EQUIPMENT NOT AVAILABLE AT THIS TIME.

IF R-1 or R-2 ARE DOCUMENTED DURING THIS COURSE, PLEASE ATTACH A SEPARATE SHEET EXPLAINING WHY YOU RECOMMEND THE ADDITIONAL TRAINING. PLEASE BE AS DETAILED AS POSSIBLE. ALSO DOCUMENT ALL INJURIES SUSTAINED AND NOTIFY TRAINING MANAGER IMMEDIATELY.
1. **INTRODUCTION**

   A. **REGISTRATION**
      1. Roster
      2. Equipment inspection

   B. **BACKGROUND**
      1. SDAT philosophy
      2. Firearms related philosophy

   C. **INSTRUCTOR / STUDENT BACKGROUND**
      1. Physical fitness
      2. Related experience

   D. **COURSE OUTLINE FOR 30 HOUR SDAT COURSE**
      1. Review course

**STRECHING AND WARMING UP**

2. **STANCES / FOOT MOVEMENT**

   A. Interview Stance
   B. Lunge Step
   C. Combat Stance
   D. Side Step [left / right]
   E. Reverse

3. **WRIST CONTROLS**

   A. Come along [Both sides]
   B. Front wrist control
   C. Rear wrist control
   D. Bar arm [Side and Back]
   E. Arm Lock
   F. Combos- Front wrist control to Bar arm to Front wrist control to Arm lock
   G. Wrist control takedown
   H. Hair pull takedown

4. **HANDCUFFING**
A. Standing
B. Kneeling
C. Prone
D. Modified wall
E. Proper lifting and searching techniques

5. HOBBLE

A. Application of Maximum Restraint

B. Medical Considerations / Never leave unattended
   1. Check Respiration
   2. Check Color
   3. Check level of Consciousness

C. Transportation
   1. Prone position, PATROL CAR IS NOT ACCEPTABLE
   2. Use of Ambulance or Paramedics
   3. Use of Van

LUNCH

STRETCHING AND WARM-UP

6. PERSONNEL WEAPONS

A. Hands
B. Elbows
C. Feet
D. Knees
E. Head

7. GROUND DEFENSE

A. Kick and spin
B. Kick and roll
C. Standing up

8. HANDGUN CONTROL

A. Front grab/ outside hand
   1. One or two hands

B. Front Cross grab/ opposite hand
   1. One or two hands
C. Rear Grab / Either Hand
   1. One or two hands

9. **HANDGUN TAKEAWAY (HOSTAGE)**
   A. Front
   B. Side
   C. Rear

10. **NERVE STIMULATION / TAKE Downs**
    A. Sperno-Mastoidal
    B. Head Reversal Takedown
    C. Hair-Pull Takedown
    D. Salivary Gland
    E. Gum nerve
    F. Buckle nerve
    G. Armpit

**FILM:** P.O.S.T. “CONTROLLING VIOLENT SUBJECTS” [Part 1]
   Time viewed_________

**FILM:** S.D.P.D. “IN-CUSTODY DEATHS”
   Time viewed_________

**CLASS DISMISSED**
1. **LECTURE ON ASP TACTICAL BATON**

A. ASP TACTICAL BATON HISTORY
   1. SRPD history
   2. Other impact weapons

B. TECHNICAL CHARACTERISTICS OF THE ASP BATTON
   1. Models
   2. Parts
   3. Maintenance
   4. ASP Operations

C. BODY MECHANICS (PYRAMID)
   1. Wide base
   2. Deep base
   3. Low center
   4. Hand position

D. POWER GENERATION
   1. Balance
   2. Endurance
   3. Flexibility
   4. Focus
   5. Speed
   6. Strength

E. TRAINING TERMINOLOGY
   1. Weapon side
   2. Reaction side
   3. Clearance strikes
   4. Forgiving techniques
   5. Modes
   6. Weapon strike
   7. Straight strike
   8. Rapid response strike
   9. 45 degree angle strike
   10. Weapon hand strike
   11. Reaction hand strike

F. STRIKING AREAS / NONSTRIKING AREAS
   1. (Striking areas) Center mass, arm, body, leg
   2. (Nonstriking areas) head, neck, spine, kidneys, groin
NOTE: In a lethal confrontation nonstrike zones can become strike zones. You must be able to justify the use of deadly force.

G. BATON STRIKES (OPEN AND CLOSED MODE)
1. Weapon strike
2. Reaction strike
3. Straight strike
4. Rapid response strike
5. Combinations
6. 45 degree angle strikes

STRETCHING / WARM-UP

2. CARRYING / BASIC DRAWS / CLOSING THE BATON
   A. Carrying the ASP
   B. Weapon hand
   C. Reaction hand
   D. Closing

3. ASP STRIKES (BAG WORK)
   A. Striking areas / areas not to strike
   B. Weapon strike
   C. Reaction strike
   D. Straight strike
   E. Clearance strike

4. TWO STRIKING MODES (BAG WORK)
   A. Open
   B. Closed

5. TWO POSITIONS FOR STRIKING
   A. Ready Position
   B. Loaded Position

LUNCH

STRETCHING / WARM-UP

6. PRACTICE DRILLS (WITH VARIATIONS)
A. Bag Work, one and two man opponents

7. **OC SPRAY**

A. Distances / Duration / Conditions
   1. Minimum of 3’
   2. Maximum of 15’
   3. Three second burst
   4. Wind conditions

B. Medical considerations
   1. Flush eyes with large amount of water
   2. Air face out in a breeze

**FILM: P.O.S.T. “CONTROLLING VIOLENT SUBJECTS” [Part 2]**

**CLASS DISMISSED**
STRETCHING / WARM-UP

1. REVIEW OF DAY 1 AND DAY 2

LUNCH

STRETCHING / WARM-UP

2. HITMAN SCENARIOS
   A. 647(F) subject
   B. 5150 W&I subject
   C. Warrant arrest

FILM: P.O.S.T. “CONTROLLING VIOLENT SUBJECTS” [Part 3] (2 hours) Time viewed 

FILM: P.O.S.T. “VERBAL JUDO, TACTICAL COMMUNICATIONS” (2 hours) Time viewed 

CLASS DISMISSED

COMMENTS:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
# Orientation Schedule for Sworn Officers

<table>
<thead>
<tr>
<th>Date &amp; Time</th>
<th>Topic</th>
<th>Instructor</th>
<th>Time Needed</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/6 9:30</td>
<td>Swearing-in</td>
<td>J. Leoncini, City Clerk</td>
<td>½ hr</td>
<td>Council Chambers</td>
</tr>
<tr>
<td>10/6 9:00</td>
<td>I.D. Cards &amp; Badges</td>
<td>B. Minka / Training</td>
<td>½ hr</td>
<td>Training</td>
</tr>
<tr>
<td>10/10 10:00</td>
<td>Tour of P.D.</td>
<td>Training</td>
<td>½ hr</td>
<td>PD / Annex</td>
</tr>
<tr>
<td>10/10 3:30</td>
<td>Lockers &amp; Equipment Issuance / Patrol Readiness (1-2 hours, depending on # of rookies)</td>
<td>Training</td>
<td>1 - 2 hrs</td>
<td>PD / Annex</td>
</tr>
<tr>
<td>10/10 3:00</td>
<td>Uniform Ordering (1-2 hours, depending on # of rookies)</td>
<td>Training</td>
<td>1 - 2 hrs</td>
<td>Jeff - Butlers Uniforms</td>
</tr>
<tr>
<td>10/10 2:30</td>
<td>G.O. Book &amp; Misc. Handouts</td>
<td>R. Mayer</td>
<td>½ hr</td>
<td>Annex</td>
</tr>
<tr>
<td>10/10 2:30</td>
<td>Bloodborne Pathogens video &amp; quiz</td>
<td>M. Piombo</td>
<td>1½ hrs</td>
<td>Annex</td>
</tr>
<tr>
<td>10/10 2:30</td>
<td>Videos: Sexual Harassment, SEMS, Elder Abuse</td>
<td>D. Cron</td>
<td>6 hrs</td>
<td>Annex</td>
</tr>
<tr>
<td>4th Tuesday monthly 1300 - 1530 hrs</td>
<td>Health, Life &amp; Dental Benefits (see notes below)</td>
<td>D. Chandler</td>
<td>2½ hrs</td>
<td>City Manager's Conference Room</td>
</tr>
<tr>
<td>10/15 13:00</td>
<td>S.R.P.A.</td>
<td>D. Hanlon / S. Olson</td>
<td>1 hr</td>
<td>Briefing Room</td>
</tr>
<tr>
<td>10/15 13:00</td>
<td>METS Body Mechanics</td>
<td>T. Schwartz, METS</td>
<td>1½ hrs</td>
<td>METS</td>
</tr>
<tr>
<td>10/15 - 10/20</td>
<td>Self Defense &amp; Firearms</td>
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</tr>
<tr>
<td>10/15 - 10/20</td>
<td>SDAT (1-2 days, depending on # of rookies)</td>
<td>M. Piombo</td>
<td>10 hrs x 2 days</td>
<td>City Hall @ Mail / Hamilton Field</td>
</tr>
<tr>
<td>10/15 - 10/20</td>
<td>Hitman (can combine with SDAT) (videotape for the FTO sergeant)</td>
<td>M. Piombo</td>
<td>2 hrs per rookie</td>
<td>City Hall @ Mail / Hamilton Field</td>
</tr>
<tr>
<td>10/15 - 10/20</td>
<td>Firearms</td>
<td>M. Piombo</td>
<td>20 hrs</td>
<td>Richmond Rod &amp; Gun Club</td>
</tr>
<tr>
<td>10/15 - 10/20</td>
<td>Active Shooter</td>
<td>M. Piombo</td>
<td>10 hrs</td>
<td>Bullseye / Richmond Rod &amp; Gun Club</td>
</tr>
<tr>
<td>10/15 - 10/20</td>
<td>Regular &amp; High Risk Stops - Day &amp; Night (1-1½ days, depending on # of rookies)</td>
<td>M. Piombo</td>
<td>10 - 15 hrs</td>
<td>Hamilton Field</td>
</tr>
</tbody>
</table>

## Second Priority

<table>
<thead>
<tr>
<th>Date &amp; Time</th>
<th>Topic</th>
<th>Instructor</th>
<th>Time Needed</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/16 2:30</td>
<td>Radio Systems &amp; Practical Radio Operations</td>
<td>D. Fink</td>
<td>2 hrs</td>
<td>Annex</td>
</tr>
<tr>
<td>10/16 2:30</td>
<td>RIMS Computer System / CLETS, MS Word, e-mail</td>
<td>A. Juge</td>
<td>16 hrs</td>
<td>Annex</td>
</tr>
<tr>
<td>10/16 2:30</td>
<td>Report Forms (Including DUI's)</td>
<td>A. Juge</td>
<td>2 hrs</td>
<td>Annex</td>
</tr>
<tr>
<td>10/16 2:30</td>
<td>Report Writing</td>
<td>A. Juge</td>
<td>4 hrs</td>
<td>Annex</td>
</tr>
<tr>
<td>10/16 9:00</td>
<td>Traffic Accident Investigation</td>
<td>Masterson, Coale, Hanlon, Clary</td>
<td>6 hrs</td>
<td>Annex</td>
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<tr>
<td>10/16 11:00</td>
<td>PAS &amp; Radar</td>
<td>C. Tirre</td>
<td>1 hr</td>
<td>Briefing Room</td>
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<tr>
<td>10/16 11:00</td>
<td>Coping With Stress</td>
<td>J. Fay</td>
<td>2 hrs</td>
<td>Annex</td>
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<tr>
<td>10/16 11:00</td>
<td>Chaplains</td>
<td>Chaplains</td>
<td>1 hr</td>
<td>Annex</td>
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<tr>
<td>10/16 11:00</td>
<td>Evidence Processing</td>
<td>R. Mayer</td>
<td>1 hr</td>
<td>PD / Annex</td>
</tr>
<tr>
<td>10/16 11:00</td>
<td>FTO Program</td>
<td>D. Hulett &amp; J. Franzini</td>
<td>1 hr</td>
<td>Patrol Office</td>
</tr>
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For benefits meeting (re: health, life, dental, retirement, and long-term disability) with City Personnel, the new employee must bring the following:

- certified copy of birth certificate with stamped seal (for retirement)
- California Drivers License
- original Social Security Card or valid U.S. passport (for I-9 form)
- copy of marriage certificate and spouse's Social Security number (to include spouse on medical plan)
- name of beneficiary and their Social Security number (for retirement and life insurance beneficiary)
### Week #1 - Orientation Schedule for: Cadet Alex Holm

<table>
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<tr>
<th>Time</th>
<th>Sunday</th>
<th>Monday 10/6</th>
<th>Tuesday 10/7</th>
<th>Wednesday 10/8</th>
<th>Thursday 10/9</th>
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<th>Saturday</th>
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**To 1830**  **To 2030**  **4 hrs**  **4 hrs**

(Schedule is subject to change)
Week # 2 - Orientation Schedule for: Cadet Alex Holm

<table>
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<th>Time</th>
<th>Sunday</th>
<th>Monday 10/13</th>
<th>Tuesday 10/14</th>
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</table>

3½ hrs

TO 1830

4 hrs

(Schedule is subject to change)
Week #3 - Orientation Schedule for: Cadet Alex Holm

(Schedule is subject to change)
# Orientation Schedule for Cadets

<table>
<thead>
<tr>
<th>Date &amp; Time</th>
<th>Topic</th>
<th>Instructor</th>
<th>Time Needed</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FIRST THINGS FIRST</strong></td>
<td></td>
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</tr>
<tr>
<td>7/16 1430</td>
<td>I.D. Cards &amp; Badges</td>
<td>B. Minka / Training</td>
<td>½ hr</td>
<td></td>
</tr>
<tr>
<td>10/16 1500</td>
<td>Tour of P.D.</td>
<td>Training</td>
<td>½ hr</td>
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</tr>
<tr>
<td>10/16 330</td>
<td>Lockers &amp; Equipment Issuance (1-2 hours, depending on # of cadets)</td>
<td>Training</td>
<td>1 - 2 hrs</td>
<td>PD / Annex</td>
</tr>
<tr>
<td>10/16 340</td>
<td>Uniform Ordering (1-2 hours, depending on # of cadets)</td>
<td>Training</td>
<td>1 - 2 hrs</td>
<td>Jeff - Butlers Uniforms</td>
</tr>
<tr>
<td>10/16 330</td>
<td>G.O. Book &amp; Misc. Handouts</td>
<td>R. Mayer</td>
<td>½ hr</td>
<td>Annex</td>
</tr>
<tr>
<td>10/13 230</td>
<td>Bloodborne Pathogens video &amp; quiz</td>
<td>M-Plombo D.Cren</td>
<td>1½ hrs</td>
<td>Annex</td>
</tr>
<tr>
<td>10/15 10:23</td>
<td>Videos: Sexual Harassment, SEMS</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>4th Tuesday monthly</strong></td>
<td>Health, Life &amp; Dental Benefits (see notes below)</td>
<td>D. Chandler</td>
<td>2½ hrs</td>
<td>City Manager's Conference Room</td>
</tr>
<tr>
<td>1300 - 1530 hrs</td>
<td>S.R.P.A.</td>
<td>D. Hanlon / S. Olson</td>
<td>1 hr</td>
<td>Briefing Room</td>
</tr>
<tr>
<td>10/24 0830</td>
<td>METS Body Mechanics</td>
<td>T. Schwartz, METS</td>
<td>1 hr</td>
<td>METS</td>
</tr>
<tr>
<td><strong>SECOND PRIORITY</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10/24</td>
<td>RIMS Computer System / CLETS, MS Word, e-mail</td>
<td></td>
<td>16 hrs</td>
<td></td>
</tr>
<tr>
<td>10/12 0900</td>
<td>Report Forms &amp; Report Writing</td>
<td>A. Juge</td>
<td>4 hrs</td>
<td>Annex</td>
</tr>
<tr>
<td>10/23 230</td>
<td>Coping With Stress</td>
<td>J. Fay</td>
<td>2 hrs</td>
<td>Annex</td>
</tr>
<tr>
<td>10/23 230</td>
<td>Chaplains</td>
<td>Chaplains</td>
<td>1 hr</td>
<td></td>
</tr>
<tr>
<td>10/23 230</td>
<td>Evidence Processing</td>
<td>R. Mayer</td>
<td>1 hr</td>
<td>PD / Annex</td>
</tr>
<tr>
<td>10/23 1100</td>
<td>Ride-Along</td>
<td>Patrol Officers</td>
<td>4 hrs</td>
<td></td>
</tr>
<tr>
<td>10/24 800</td>
<td>Dispatch Sit-In</td>
<td>Dispatchers</td>
<td>2 hrs</td>
<td></td>
</tr>
<tr>
<td>10/24 0830</td>
<td>Info Services &amp; Front Office Sit-In</td>
<td>Record Clerks</td>
<td>2 hrs</td>
<td></td>
</tr>
<tr>
<td></td>
<td>COPS, Traffic, Inv, YSB, Patrol, Important Locations?</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

47½ - 54 hours training + lunches = 1½ weeks min. - 1½ weeks max. (depending on # of cadets involved)

*For Benefits meeting (re: health, life, dental, retirement, and long-term disability) with City Personnel, the new employee must bring the following:

- certified copy of birth certificate with stamped seal (for retirement)
- California Drivers License
- original Social Security Card or valid U.S. passport (for I-9 form)
- copy of marriage certificate and spouse's Social Security number (to include spouse on medical plan)
- name of beneficiary and their Social Security number (for retirement and life insurance beneficiary)
SAN RAFAEL POLICE DEPARTMENT
S.D.A.T. ORIENTATION COURSE

30 HOUR COURSE

OFFICERS NAME: [Redacted]

INSTRUCTOR: [Redacted]

DATE: 10.7.03

LOCATION: City Hall / Northgate Mall / Hamilton

STUDENT'S SELF DEFENSE BACKGROUND:
Military (AF), Basic Post ACA, Corrections ACA.

RATING SYSTEM:
P- PASS or COMPLETED

R-1 REMEDIAL TRAINING RECOMMENDED PRIOR TO THE START OF FTO PROGRAM.

R-2 REMEDIAL TRAINING RECOMMENDED DURING THE FTO PROGRAM.

T/C TRAINING COMPLETE.
SECTION TAUGHT PRIOR TO CLASS, IN THE ACADEMY, OR OTHER P.D.

N/A NOT APPLICABLE.
WILL NOT BE CARRYING ON DUTY. EQUIPMENT NOT AVAILABLE AT THIS TIME.

IF R-1 or R-2 ARE DOCUMENTED DURING THIS COURSE, PLEASE ATTACH A SEPARATE SHEET EXPLAINING WHY YOU RECOMMEND THE ADDITIONAL TRAINING. PLEASE BE AS DETAILED AS POSSIBLE. ALSO DOCUMENT ALL INJURIES SUSTAINED AND NOTIFY TRAINING MANAGER IMMEDIATELY.
1. **INTRODUCTION**

   A. **REGISTRATION**
      1. Roster
      2. Equipment inspection

   B. **BACKGROUND**
      1. SDAT philosophy
      2. Firearms related philosophy

   C. **INSTRUCTOR / STUDENT BACKGROUND**
      1. Physical fitness
      2. Related experience

   D. **COURSE OUTLINE FOR 30 HOUR SDAT COURS**
      1. Review course

**STRECHING AND WARMING UP**

2. **STANCES / FOOT MOVEMENT**

   A. Interview Stance
   B. Lunge Step
   C. Combat Stance
   D. Side Step [left / right]
   E. Reverse

3. **WRIST CONTROLS**

   A. Come along [Both sides]
   B. Front wrist control
   C. Rear wrist control
   D. Bar arm [Side and Back]
   E. Arm Lock
   F. Combos- Front wrist control to Bar arm to Front wrist control to Arm lock
   G. Wrist control takedown
   H. Hair pull takedown

4. **HANDCUFFING**
A. Standing
B. Kneeling
C. Prone
D. Modified wall
E. Proper lifting and searching techniques

5. **HOBBLE**

A. Application of Maximum Restraint

B. Medical Considerations / Never leave unattended
   1. Check Respiration
   2. Check Color
   3. Check level of Consciousness

C. Transportation
   1. Prone position, PATROL CAR IS NOT ACCEPTABLE
   2. Use of Ambulance or Paramedics
   3. Use of Van

**LUNCH**

**STRETCHING AND WARM-UP**

6. **PERSONNEL WEAPONS**

A. Hands
B. Elbows
C. Feet
D. Knees
E. Head

7. **GROUND DEFENSE**

A. Kick and spin
B. Kick and roll
C. Standing up

8. **HANDGUN CONTROL**

A. Front grab/ outside hand
   1. One or two hands

B. Front Cross grab/ opposite hand
   1. One or two hands
9. **HANDGUN TAKEAWAY (HOSTAGE)**

A. Front  
B. Side  
C. Rear

10. **NERVE STIMULATION / TAKE DOWNS**

A. Sterno-Mastoidal  
B. Head Reversal Takedown  
C. Hair-Pull Takedown  
D. Salivary Gland  
E. Gum nerve  
F. Buckle nerve  
G. Armpit

FILM: P.O.S.T. "CONTROLLING VIOLENT SUBJECTS" [Part 1]  
Time viewed _____

FILM: S.D.P.D. "IN-CUSTODY DEATHS"  
Time viewed _____

CLASS DISMISSED
1. **LECTURE ON ASP TACTICAL BATON**

   A. ASP TACTICAL BATON HISTORY
      1. SRPD history
      2. Other impact weapons

   B. TECHNICAL CHARACTERISTICS OF THE ASP BATTON
      1. Models
      2. Parts
      3. Maintenance
      4. ASP Operations

   C. BODY MECHANICS (PYRAMID)
      1. Wide base
      2. Deep base
      3. Low center
      4. Hand position

   D. POWER GENERATION
      1. Balance
      2. Endurance
      3. Flexibility
      4. Focus
      5. Speed
      6. Strength

   E. TRAINING TERMINOLOGY
      1. Weapon side
      2. Reaction side
      3. Clearance strikes
      4. Forgiving techniques
      5. Modes
      6. Weapon strike
      7. Straight strike
      8. Rapid response strike
      9. 45 degree angle strike
     10. Weapon hand strike
     11. Reaction hand strike

   F. STRIKING AREAS / NONSTRIKING AREAS
      1. (Striking areas) Center mass arm, body, leg
      2. (Nonstriking areas) head, neck, spine, kidneys, groin
NOTE: In a lethal confrontation nonstrike zones can become strike zones. You must be able to justify the use of deadly force.

G. BATON STRIKES (OPEN AND CLOSED MODE)
   1. Weapon strike
   2. Reaction strike
   3. Straight strike
   4. Rapid response strike
   5. Combinations
   6. 45 degree angle strikes

STRETCHING / WARM-UP

2. CARRYING / BASIC DRAWS / CLOSING THE BATON
   A. Carrying the ASP
   B. Weapon hand
   C. Reaction hand
   D. Closing

3. ASP STRIKES (BAG WORK)
   A. Striking areas / areas not to strike
   B. Weapon strike
   C. Reaction strike
   D. Straight strike
   E. Clearance strike

4. TWO STRIKING MODES (BAG WORK)
   A. Open
   B. Closed

5. TWO POSITIONS FOR STRIKING
   A. Ready Position
   B. Loaded Position

LUNCH

STRETCHING / WARM-UP

6. PRACTICE DRILLS (WITH VARIATIONS)
A. Bag Work, one and two man opponents

7. **OC SPRAY**
   
   A. Distances / Duration / Conditions
   1. Minimum of 3'
   2. Maximum of 15'
   3. Three second burst
   4. Wind conditions

   B. Medical considerations
   1. Flush eyes with large amount of water
   2. Air face out in a breeze

FILM: P.O.S.T. "CONTROLLING VIOLENT SUBJECTS"[Part 2]

Class Dismissed
STRETCHING / WARM-UP

1. REVIEW OF DAY 1 AND DAY 2

LUNCH

STRETCHING / WARM-UP

2. HITMAN SINARIOS

A. 647(F) subject
B. 5150 W&I subject
C. Warrant arrest

FILM: P.O.S.T. "CONTROLLING VIOLENT SUBJECTS" [Part 3]
(2 hours) Time viewed

FILM: P.O.S.T. "VERBAL JUDO, TACTICAL COMMUNICATIONS"
(2 hours) Time viewed

CLASS DISMISSED

COMMENTS:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
OFFICERS NAME ____________________________

INSTRUCTOR: M. ROMBO

DATE: 10-6-03

LOCATION: RICHMOND

STUDENT FIREARMS BACKGROUND:
MILITARY (4 YRS), POST ACADEMY, SONOMA CO. S.D.

RATING SYSTEM:

P- PASS OR COMPLETED

R-1 REMEDIAL TRAINING RECOMMENDED PRIOR TO THE START OF THE FTO PROGRAM.

R-2 REMEDIAL TRAINING RECOMMENDED DURING THE FTO PROGRAM.

T/C TRAINING COMPLETE SECTION TAUGHT PRIOR TO CLASS, IN THE ACADEMY, OR OTHER PD.

N/A NOT APPLICABLE
WILL NOT BE CARRYING ON DUTY. EQUIPMENT NOT AVAILABLE AT THIS TIME.

IF R-1 OR R-2 ARE DOCUMENTED DURING THIS COURSE, PLEASE ATTACH A SEPARATE SHEET EXPLAINING WHY YOU RECOMMENDED THE ADDITIONAL TRAINING. PLEASE BE AS DETAILED AS POSSIBLE. ALSO DOCUMENT ALL INJURIES SUSTAINED, AND NOTIFY THE TRAINING SERGEANT AS SOON AS POSSIBLE.
DUTY HANDGUN AND FIREARM BASICS

1. INTRODUCTION:

A. REGISTRATION
   1. Roster
   2. Handgun and equipment inspection

A. BACKGROUND
   1. Firearms training philosophy
   2. SDAT training philosophy

A. RANGE SAFETY RULES
   1. Range safety policy
   2. Range commands

b. EQUIPMENT CHECK
   1. Duty belt
   2. Helmet
   3. Gas mask
   4. Personal and patrol body armor

2. LECTURE:

A. 80-30 DISCHARGE OF FIREARMS POLICY
   1. Review test
   2. Test

B. PROPER SHOOTING TECHNIQUE
   1. Pistol
   2. Rifle
   5. Shotgun

C. CARE AND CONDITION OF LEATHER

3. HANDGUN COURSE:

A. COURSE OF FIRE / INSTRUCTION
   1. Basic bulls eye / natural point of aim
   2. Sighting in
   3. Evaluation of shooter
   6. Target acquisition
      (50 rounds)
4. **PRECISION SHOOTING INSTRUCTION:**
   
   A. TARGET DOTS AT THE 7 YARD LINE

   [50 ROUNDS]

   **LUNCH**

5. **832 PC QUALIFICATION COURSE**
   
   A. PRACTICE AT THE 3, 7, 15 YARD LINE

   [50 ROUNDS]

6. **832 PC QUALIFICATION TEST**
   
   A. 3, 7, 15 YARD LINE [36 ROUNDS]

7. **CLASS REVIEW/DISMISSED**
   
   A. Class review (day 1)
   B. Class review (day 2)

   **CLASS DISMISSED**
FIREARMS ORIENTATION COURSE DAY 2

REMITON 870 SHOTGUN AND BEAN BAG LECTURE

1. LESS LETHAL WEAPONS SYSTEM LECTURE:
   A. Remington manual
      1. Nomenclature
   B. SHOTGUN INSPECTION PROCEDURE
      1. Patrol vehicle removal
      2. Practice unloading and loading
      3. Practice inspection (patrol ready)
   C. SOCK STYLE BEAN BAG ROUND
      1. Design
      2. Ballistics

2. PRE-DEPLOYMENT CONSIDERATION FOR LESS LETHAL
   A. Type of calls
   B. Level of force
   C. Team approach (lethal option)

3. DEPLOYMENT OF LESS LETHAL
   A. Announcement and firing
   B. Evaluation of effectiveness
   C. Custody
   D. First aid

4. POST-DEPLOYMENT OF LESS LETHAL
   A. Evidence collection
      1. Sock
      2. Shotgun hull
      3. Note serial number of shotgun
   B. Statements
      1. Officers
2. Bystanders
3. Suspects

5. **SHOTGUN QUALIFICATION COURSE [BEAN BAG]**
   
   A. Practice [5, 10, 15, 20 yard line]
      [4 ROUNDS BEAN BAG]

6. **SHOTGUN QUALIFICATION COURSE [BEAN BAG]**

   A. Qualification [5, 10, 15, 20 yard line]
      [4 ROUNDS BEAN BAG]

**AR-15 PATROL RIFLE**

1. **AR-15 WEAPONS SYSTEM LECTURE**

   A. AR-15 manual
      1. Nomenclature

   A. AR-15 RIFLE INSPECTION PROCEDURE
      1. Patrol vehicle removal
      2. Practice loading and unloading
      3. Practice inspection (patrol ready)

2. **AR-15 RIFLE COURSE:**

   A. COURSE OF FIRE / INSTRUCTION
      
      1. Patrol ready
      2. Sight in and shooting basics
      3. Evaluation of shooter
      4. Target acquisition
      5. Live fire

   A. Practice qualification 50 yards
      [20 rounds]
      1. STANDING
      2. KNELLING
      3. SITTING
      4. PRONE

**LUNCH**
A. Practice qualification 50 yards
   [20 rounds]

   1. STANDING
   2. KNEELING
   3. SITTING

3. **AR-15 RIFLE WRITTEN TEST**

   _TB / ?_

**CLASS DISMISSED**
FIREARMS ORIENTATION COURSE DAY 3

RAPID RESPONSE/ACTIVE SHOOTER

1. INTRODUCTION/COURSE OVERVIEW

   A. REGISTRATION, COURSE ROSTER

   B. INTRODUCTION
      1. Course Purpose
      2. History Active Shooter Training
      3. Department Policy

   C. COURSE OVERVIEW
      1. Course Objectives
      2. Physical Preparation
      3. Mental Preparation

   D. SAFETY POLICIES OVERVIEW
      1. Range Safety
      2. Range Commands

   E. INSPECTION AND TEST
      1. Equipment
      2. Firearms
      3. General Order Test 80-30 SRPD

2. QUALIFICATIONS

   A. 832 P.C. PISTOL QUALIFICATION WITH PATROL VEST
      1. 36 Rounds: 3 yards, 7 yards, 15 yards

   B. AR-15 QUALIFICATION WITH PATROL VEST
      1. 20 Rounds: 50 yard line
      2. Standing, Kneeling, Prone

3. TEAM MOVEMENT

   A. INDIVIDUAL OFFICER MOVEMENT DRILL WITHOUT PATROL VEST
      1. Forward
      2. Back

   b. THREE OFFICER TEAM MOVEMENT DRILL WITHOUT PATROL VEST
      1. Forward
2. Back

c. INDIVIDUAL OFFICER MOVEMENT DRILL WITH PATROL VEST
   1. Forward
   2. Back

b. THREE OFFICER TEAM MOVEMENT DRILL WITH PATROL VEST
   1. Forward
   2. Back

LUNCH

4. ROOM ENTRY/SEARCH

A. TACTICAL APPROACH
   1. Left
   2. Right
   3. Straight

b. ROOM ENTRY
   1. Threat Assessment
   2. Shooting Lanes
   3. Searching
   4. Exiting Room

5. ACTIVE SHOOTER RESPONSE SCENARIO

A. VEHICLE POSITION
   1. Safe Location

b. EQUIPMENT
   1. Vest, Rifle, Helmet

c. TEAM FORMATION
   1. Team Leader
   2. Diamond Formation

d. TEAM MOVEMENT
   1. Approach
   2. Entry
   3. Threat Assessment
   4. Shooting Lanes/Searching
   5. Exiting Room

CLASS DISMISSED
RANGE SAFETY GUIDELINES

RANGE DEFINITIONS AND TERMINOLGY

1) 180-Degree Rule: The muzzle of a firearm shall never cross back over the shooting line.
2) Master Grip: Trigger finger is kept outside of the trigger guard and off of the trigger at all times until the shooter is ready to fire.
3) Laser Rule: Imagine a laser coming out of the barrel of your gun and anything it crosses will be destroyed.
4) Firing Line: The locations were the shooters stand and face the target.
5) Depressed Muzzle: The firearm is pointed down range at the target, the muzzle is slightly depressed and pointing below you’re target. The shooter is looking over the sights and maintaining a master grip.
6) Ready Gun Position: The firearm is shouldered or pointed down range and the muzzle is below the target. The shooter is looking at the target and the shooter is maintaining a master grip.

RANGE RULES

1) Treat all guns as if they are loaded
2) No loaded guns in the classroom
3) No ammunition in the classroom
4) Firearms are to be kept in their holsters or a gun box/sock while in the classroom
5) Eye protection must be worn on the range at all times
6) Ear protection must be worn on the range at all times
7) Handgun muzzles must be pointed down range at all times (180 rule)
8) Fingers off the trigger until ready to fire (master grip)
9) The muzzle never covers a person (laser rule)
10) Be sure of your target, its backstop, and beyond
11) During a reload always maintain a master grip, look at the firearm, and do not rush
12) If your firearm fails try to fix it and continue but if you cannot safely do so then you should depress the muzzle, point it down range and raise a hand for assistance by a range officer.
13) Never step in front of the firing line until cleared by a range officer
14) Never pick up gear on the ground until the command is given
15) Obey all of the range officer’s commands

RANGE COMMANDS

1) The line is hot or live
2) Load and make ready or charge your weapons.
3) Ready on the line? The line is ready or shooters will be told to standby.
4) Command to fire will be: Threat, fire, gun or knife.
5) Command to stop: Cease fire or a sound of a whistle.
6) Make your weapons safe: Pistols will be holstered with the safety on or the pistol will be decocked. Rifles will have the safety on, magazine out and they will be slung.
7) The command for picking up equipment will be: It is clear to police up your gear.
8) When the line is safe the shooters will be told: The line is cold.

**RANGE SAFETY EQUIPMENT**

Range officers will have the following equipment at the range at all times. The equipment will be either used or located were it is visible and there is quick and immediate access to it.

1) Ballistic vest
2) Range officer uniform
3) Range officer whistle
4) Range officer Nextel
5) First aid kit
6) Extra ballistic vest

**MEDICAL EMERGENCY PROTOCOL**

In the event of an emergency requiring medical attention, the range officers or students will use their Nextels to directly contact dispatch. The San Rafael Fire Department will be dispatched and the police department’s watch commander will be notified.

Basic First Aid will be given to the injured officer until medical assistance is on scene.

**EMERGENCY PHONE NUMBERS**

Richmond Rod and Gun Club Range: Richmond Fire Department #510-307-8031

Bullseye Indoor Shooting Range: San Rafael Fire Department #415-485-3304
San Rafael Police Dispatch #415-485-3098

**USE NEXTEL TO CONTACT DISPATCH**
832 P.C. HANDGUN QUALIFICATION

3 YARD LINE

- 12 ROUNDS WITH ONE MANDITORY RELOAD
- FIELD INTERVIEW STANCE
- COMBAT STANCE
- HANDGUN IS FIRED FROM THE THREE POSITION
- UPON COMPLETION OF REQUIRED ROUNDS, THE OFFICER STEPS BACK, BRINGS THE HANDGUN TO THE FIVE POSITION AND SCANS FOR MORE THREATS

7 YARD LINE

- 12 RONDS WITH ON MANDITORY RELOAD
- FIELD INTERVIEW STANCE
- COMBAT STANCE
- HANDGUN IS FIRED FORM THE FIVE POSITION
- UPON COMPLETION OF REQUIRED ROUNDS, THE OFFICER SCANS FOR MORE THREATS

15 YARD LINE

- 12 RONDS WITH ON MANDITORY RELOAD
- FIELD INTERVIEW STANCE
- COMBAT STANCE
- HANDGUN IS FIRED FORM THE FIVE POSITION
- UPON COMPLETION OF REQUIRED ROUNDS, THE OFFICER SCANS FOR MORE THREATS

LOGISTICS: 36 ROUNDS PER OFFICER
IPSC TARGETS

PASSING SCORE: 80% = 29 OUT OF 36 HITS

NOTE: HITS OUTSIDE THE “B” ZONE DO NOT COUNT
PATROL READY INSPECTION PROCEDURE
FOR THE REMINGTON 870 SHOTGUN

1) Clear the rounds from the shotgun by moving the slide back approximately ¾ of the way until the spoon can be moved up and the shell catch can be manually released allowing the round to exit the magazine tube. Repeat the process until all the shells are removed and the orange follower is visible.

2) Physically and visually check the chamber to confirm it is empty.

3) Start the inspection by looking down the barrel to confirm there are no obstructions.

4) Check the front sight.

5) Hand tighten the barrel nut.

6) Visually check the barrel, fore-end, action bar, ejection port, trigger, safety, butt stock, check for two rounds in each side of the stock, check the sling and sling anchor points.

7) Close the action and confirm it locks into battery and then press the release and open the slide.

8) Close the action, turn on safety, point muzzle into the air and pull the trigger. Safety off and pull trigger releasing the hammer. Safety back on.

9) Load the magazine to full capacity and place shotgun back into the car.

NOTE: You must maintain muzzle integrity (laser rule) while removing the shotgun from the car, during an inspection and while placing it back into the vehicle.
PATROL READY PROCEDURE

REMINGTON 870 SHOTGUN

1) Clear the rounds from the shotgun by moving the slide back approximately ¾ and the round in the chamber is removable.

2) Push the spoon so the shell catch can be manually released allowing the round to exit the magazine tube. Repeat the process until all the shells are removed and the orange follower is visible.

3) Physically and visually check the chamber to confirm it is empty.

4) Close the action, turn on safety, point muzzle into the air and pull the trigger. Safety off and pull trigger releasing the hammer. Safety back on.

5) Load the magazine to full capacity and place shotgun back into the car.

NOTE: You must maintain muzzle integrity (laser rule) while unloading the shotgun. You must also maintain muzzle integrity while loading the shotgun.
PATROL READY INSPECTION PROCEDURE
FOR THE OLYMPIC ARMS AR-15 RIFLE

As with the shotgun, the rifle should be removed from it’s locked mount and inspected outside of the patrol vehicle. The rifle should be pointed at a 45-degree angle into the sky.

RIFLE INSPECTION PROCEDURES:

1) Remove rifle from the electro-lock
2) Step from the vehicle*
3) Remove the magazine.
4) Check safety and confirm it is in the “fire” position**
5) Open the bolt and lock it in the open position.
6) Physically and visually check the chamber to confirm it is empty.
7) Start the inspection by looking down the barrel to confirm there are no obstructions
8) Check the front sight, flashlight and fore-end for any defects or malfunctions
9) Hand tighten the Reflex sight and look threw the sight and check for the triangle.
10) Visually check the receiver area for an obvious defects.
11) Confirm the butt stock locks in both the closed and opened positions.
12) Place the safety on and close the bolt.
13) Point the rifle up, test the safety by pulling the trigger with the safety in the on position
14) Turn the safety off and pull the trigger releasing the hammer.

15) Push down on the top round of the magazine and confirm it is full.

16) Visually inspect the magazine.

17) Reinsert the magazine firmly, strike it with the heal of your hand and then pull on it to confirm it is seated.

**DO NOT CHAMBER A ROUND INTO THE RIFLE**

18) Place the rifle into the Electro-lock. Make sure it is seated properly and locked into place.

*NOTE:* You must maintain muzzle integrity (laser rule) while removing the rifle from the car, during an inspection and while placing it back into the vehicle.

**NOTE:** If the safety is in the “safe” position, the rifle has been left in the charged position and may be loaded. Exercise extreme caution while handling the rifle

If you feel the rifle is not functioning properly, place it into the rifle locker. Fill out an equipment repair form and attach it to the rifle. Advise your sergeant of the malfunction.
PATROL READY PROCEDURE

OLYMPIC ARMS AR-15 RIFLE

The rifle should be pointed at a 45-degree angle into the sky at all times

RIFLE INSPECTION PROCEDURES:

1) Check safety and confirm it is in the “safe” position**
2) Remove the magazine
3) Open the bolt, expending the chambered round
4) Lock the bolt in the open position
5) Physically and visually check the chamber to confirm it is empty
6) Close the bolt
7) Point the rifle up, pull the trigger dropping the hammer
8) Replace the expended round in the magazine
9) Reinsert the magazine firmly, strike it with the heal of your hand and then pull on it to confirm it is seated

**DO NOT CHAMBER A ROUND INTO THE RIFLE**

10) Place the rifle into the Electro-lock. Make sure it is seated properly and locked into place.

*NOTE: You must maintain muzzle integrity (laser rule) while removing the rifle from the car, during an inspection and while placing it back into the vehicle.
PATROL READY CONDITION OF THE OYLIMPIC
ARMS AR-15 RIFLE

1) Uncharged, **NO ROUND** in the chamber

2) Bolt forward

3) Safety off
   a) The safety cannot be engaged when the rifle is not charged
   b) Hammer is down
   c) Ejection port cover is closed
   d) Dust cover on optical sight

4) Full magazine inserted into the weapon

5) Sling is on the rifle

6) Flashlight works
SAN RAFAEL POLICE DEPARTMENT
FIREARMS ORIENTATION COURSE

30 HOUR COURSE

OFFICERS NAME:

INSTRUCTOR:  OFFICER MARK PIOMBO

DATE:  OCTOBER 9, 2003

LOCATION:  RICHMOND ROD AND GUN CLUB

STUDENT FIREARMS BACKGROUND:
ARMY MILITARY TRAINING, P.O.S.T ACADEMY TRAINING

RATING SYSTEM:

P-  PASS OR COMPLETED

R-1  REMEDIAL TRAINING RECOMMENDED PRIOR TO THE START
      OF THE FTO PROGRAM.

R-2  REMEDIAL TRAINING RECOMMENDED DURING THE FTO
      PROGRAM.

T/C  TRAINING COMPLETE
      SECTION TAUGHT PRIOR TO CLASS, IN THE ACADEMY, OR
      OTHER PD.

N/A  NOT APPLICABLE
      WILL NOT BE CARRYING ON DUTY. EQUIPMENT NOT
      AVAILABLE AT THIS TIME.

IF R-1 OR R-2 ARE DOCUMENTED DURING THIS COURSE, PLEASE
ATTACH A SEPARATE SHEET EXPLAINING WHY YOU RECOMMENDED THE
ADDITIONAL TRAINING. PLEASE BE AS DETAILED AS POSSIBLE. ALSO
DOCUMENT ALL INJURIES SUSTAINED, AND NOTIFY THE TRAINING
SERGEANT AS SOON AS POSSIBLE.
DUTY HANDGUN AND FIREARM BASICS

1. INTRODUCTION:

A. REGISTRATION
   1. Roster
   2. Handgun and equipment inspection

A. BACKGROUND
   1. Firearms training philosophy
   2. SDAT training philosophy

A. RANGE SAFETY RULES
   1. Range safety policy
   2. Range commands

b. EQUIPMENT CHECK
   1. Duty belt
   2. Helmet
   3. Gas mask
   4. Personal and patrol body armor

2. LECTURE:

A. 80-30 DISCHARGE OF FIREARMS POLICY
   1. Review test
   2. Test

B. PROPER SHOOTING TECHNIQUE
   1. Pistol
   2. Rifle
   3. Shotgun

C. CARE AND CONDITION OF LEATHER

3. HANDGUN COURSE:

A. COURSE OF FIRE / INSTRUCTION
   1. Basic bulls eye / natural point of aim
   2. Sighting in
   3. Evaluation of shooter
   4. Target acquisition
   5. Pounds
4. **PRECISION SHOOTING INSTRUCTION:**
   
   A. TARGET DOTS AT THE 7 YARD LINE

   [50 ROUNDS]

**LUNCH**

5. **832 PC QUALIFICATION COURSE**
   
   A. PRACTICE AT THE 3, 7, 15 YARD LINE

   [50 ROUNDS]

6. **832 PC QUALIFICATION TEST**
   
   A. 3, 7, 15 YARD LINE [36 ROUNDS]

7. **CLASS REVIEW/DISMISSED**
   
   A. Class review (day 1)
   B. Class review (day 2)

**CLASS DISMISSED**
1. **LESS LETHAL WEAPONS SYSTEM LECTURE:**
   
   A. Remington manual
      1. Nomenclature
   
   B. SHOTGUN INSPECTION PROCEDURE
      1. Patrol vehicle removal
      2. Practice unloading and loading
      3. Practice inspection (patrol ready)
   
   C. SOCK STYLE BEAN BAG ROUND
      1. Design
      2. Ballistics

2. **PRE-DEPLOYMENT CONSIDERATION FOR LESS LETHAL**

   A. Type of calls
   
   B. Level of force
   
   C. Team approach (lethal option)

3. **DEPLOYMENT OF LESS LETHAL**

   A. Announcement and firing
   
   B. Evaluation of effectiveness
   
   C. Custody
   
   D. First aid

4. **POST-DEPLOYMENT OF LESS LETHAL**

   A. Evidence collection
      1. Sock
      2. Shotgun hull
      3. Note serial number of shotgun

   B. Statements
      1. Officers
2. Bystanders
3. Suspects

5. **SHOTGUN QUALIFICATION COURSE [ BEAN BAG ]**
   
   A. Practice [ 5, 10, 15, 20 yard line ]
      [ 4 ROUNDS BEAN BAG ]

6. **SHOTGUN QUALIFICATION COURSE [ BEAN BAG ]**
   
   A. Qualification [ 5, 10, 15, 20 yard line ]
      [ 4 ROUNDS BEAN BAG ]

**AR-15 PATROL RIFLE**

1. **AR-15 WEAPONS SYSTEM LECTURE**
   
   A. AR-15 manual
      1. Nomenclature

   A. AR-15 RIFLE INSPECTION PROCEDURE
      1. Patrol vehicle removal
      2. Practice loading and unloading
      3. Practice inspection (patrol ready)

2. **AR-15 RIFLE COURSE:**
   
   A. COURSE OF FIRE / INSTRUCTION
      
      1. Patrol ready
      2. Sight in and shooting basics
      3. Evaluation of shooter
      4. Target acquisition
      5. Live fire

   A. Practice qualification 50 yards
      [20 rounds]
      
      1. STANDING
      2. KNEELING
      3. SITTING
      4. PRONE

**LUNCH**
A. Practice qualification 50 yards
   [20 rounds]
   1. STANDING
   2. KNEELING
   3. SITTING

3. AR-15 RIFLE WRITTEN TEST

CLASS DISMISSED
RAPID RESPONSES/ACTIVE SHOOTER

1. INTRODUCTION/COURSE OVERVIEW
   A. REGISTRATION, COURSE ROSTER
   B. INTRODUCTION
      1. Course Purpose
      2. History Active Shooter Training
      3. Department Policy
   C. COURSE OVERVIEW
      1. Course Objectives
      2. Physical Preparation
      3. Mental Preparation
   D. SAFETY POLICIES OVERVIEW
      1. Range Safety
      2. Range Commands
   E. INSPECTION AND TEST
      1. Equipment
      2. Firearms
      3. General Order Test 80-30 SRPD

2. QUALIFICATIONS
   A. 832 P.C. PISTOL QUALIFICATION WITH PATROL VEST
      1. 36 Rounds: 3 yards, 7 yards, 15 yards
   B. AR-15 QUALIFICATION WITH PATROL VEST
      1. 20 Rounds: 50 yard line
      2. Standing, Kneeling, Prone

3. TEAM MOVEMENT
   A. INDIVIDUAL OFFICER MOVEMENT DRILL WITHOUT PATROL VEST
      1. Forward
      2. Back
   B. THREE OFFICER TEAM MOVEMENT DRILL WITHOUT PATROL VEST
      1. Forward
2. Back

c. INDIVIDUAL OFFICER MOVEMENT DRILL WITH PATROL VEST
   1. Forward
   2. Back

b. THREE OFFICER TEAM MOVEMENT DRILL WITH PATROL VEST
   1. Forward
   2. Back

LUNCH

4. ROOM ENTRY/SEARCH

A. TACTICAL APPROACH
   1. Left
   2. Right
   3. Strait

b. ROOM ENTRY
   1. Threat Assessment
   2. Shooting Lanes
   3. Searching
   4. Exiting Room

5. ACTIVE SHOOTER RESPONSE SCENARIO

A. VEHICLE POSITION
   1. Safe Location

b. EQUIPMENT
   1. Vest, Rifle, Helmet

c. TEAM FORMATION
   1. Team Leader
   2. Diamond Formation

d. TEAM MOVEMENT
   1. Approach
   2. Entry
   3. Threat Assessment
   4. Shooting Lanes/Searching
   5. Exiting Room

CLASS DISMISSED
RANGE SAFETY GUIDELINES

RANGE DEFINITIONS AND TERMINOLGY

1) 180-Degree Rule: The muzzle of a firearm shall never cross back over the shooting line.
2) Master Grip: Trigger finger is kept outside of the trigger guard and off of the trigger at all times until the shooter is ready to fire.
3) Laser Rule: Imagine a laser coming out of the barrel of your gun and anything it crosses will be destroyed.
4) Firing Line: The locations were the shooters stand and face the target.
5) Depressed Muzzle: The firearm is pointed down range at the target, the muzzle is slightly depressed and pointing below you’re target. The shooter is looking over the sights and maintaining a master grip.
6) Ready Gun Position: The firearm is shouldered or pointed down range and the muzzle is below the target. The shooter is looking at the target and the shooter is maintaining a master grip.

RANGE RULES

1) Treat all guns as if they are loaded
2) No loaded guns in the classroom
3) No ammunition in the classroom
4) Firearms are to be kept in their holsters or a gun box/sock while in the classroom
5) Eye protection must be worn on the range at all times
6) Ear protection must be worn on the range at all times
7) Handgun muzzles must be pointed down range at all times (180 rule)
8) Fingers off the trigger until ready to fire (master grip)
9) The muzzle never covers a person (laser rule)
10) Be sure of your target, its backstop, and beyond
11) During a reload always maintain a master grip, look at the firearm, and do not rush
12) If your firearm fails try to fix it and continue but if you cannot safely do so then you should depress the muzzle, point it down range and raise a hand for assistance by a range officer.
13) Never step in front of the firing line until cleared by a range officer
14) Never pick up gear on the ground until the command is given
15) Obey all of the range officer’s commands

RANGE COMMANDS

1) The line is hot or live
2) Load and make ready or charge your weapons.
3) Ready on the line? The line is ready or shooters will be told to standby.
4) Command to fire will be: Threat, fire, gun or knife.
5) Command to stop: Cease fire or a sound of a whistle.
6) Make your weapons safe: Pistols will be holstered with the safety on or the pistol will be decocked. Rifles will have the safety on, magazine out and they will be slung.
7) The command for picking up equipment will be: It is clear to police up your gear.
8) When the line is safe the shooters will be told: The line is cold.

**RANGE SAFETY EQUIPMENT**

Range officers will have the following equipment at the range at all times. The equipment will be either used or located were it is visible and there is quick and immediate access to it.

1) Ballistic vest
2) Range officer uniform
3) Range officer whistle
4) Range officer Nextel
5) First aid kit
6) Extra ballistic vest

**MEDICAL EMERGENCY PROTOCOL**

In the event of an emergency requiring medical attention, the range officers or students will use their Nextels to directly contact dispatch. The San Rafael Fire Department will be dispatched and the police department’s watch commander will be notified.

Basic First Aid will be given to the injured officer until medical assistance is on scene.

**EMERGENCY PHONE NUMBERS**

Richmond Rod and Gun Club Range: Richmond Fire Department #510-307-8031

Bullseye Indoor Shooting Range: San Rafael Fire Department #415-485-3304
San Rafael Police Dispatch #415-485-3098
USE NEXTEL TO CONTACT DISPATCH
832 P.C. HANDGUN QUALIFICATION

3 YARD LINE

-12 ROUNDS WITH ONE MANDATORY RELOAD
-FIELD INTERVIEW STANCE
-COMBAT STANCE
-HANDGUN IS FIRED FROM THE THREE POSITION
-UPON COMPLETION OF REQUIRED ROUNDS, THE OFFICER STEPS BACK, BRINGS THE HANDGUN TO THE FIVE POSITION AND SCANS FOR MORE THREATS

7 YARD LINE

-12 ROUNDS WITH ONE MANDATORY RELOAD
-FIELD INTERVIEW STANCE
-COMBAT STANCE
-HANDGUN IS FIRED FROM THE FIVE POSITION
-UPON COMPLETION OF REQUIRED ROUNDS, THE OFFICER SCANS FOR MORE THREATS

15 YARD LINE

-12 ROUNDS WITH ONE MANDATORY RELOAD
-FIELD INTERVIEW STANCE
-COMBAT STANCE
-HANDGUN IS FIRED FROM THE FIVE POSITION
-UPON COMPLETION OF REQUIRED ROUNDS, THE OFFICER SCANS FOR MORE THREATS

LOGISTICS: 36 ROUNDS PER OFFICER
IPSC TARGETS

PASSING SCORE: 80% = 29 OUT OF 36 HITS

NOTE: HITS OUTSIDE THE "B" ZONE DO NOT COUNT
1) Clear the rounds from the shotgun by moving the slide back approximately ¾ and the round in the chamber is removable.

2) Push the spoon so the shell catch can be manually released allowing the round to exit the magazine tube. Repeat the process until all the shells are removed and the orange follower is visible.

3) Physically and visually check the chamber to confirm it is empty.

4) Close the action, turn on safety, point muzzle into the air and pull the trigger. Safety off and pull trigger releasing the hammer. Safety back on.

5) Load the magazine to full capacity and place shotgun back into the car.

**NOTE:** You must maintain muzzle integrity (laser rule) while unloading the shotgun. You must also maintain muzzle integrity while loading the shotgun.
PATROL READY INSPECTION PROCEDURE
FOR THE REMINGTON 870 SHOTGUN

1) Clear the rounds from the shotgun by moving the slide back approximately ¾ of the way until the spoon can be moved up and the shell catch can be manually released allowing the round to exit the magazine tube. Repeat the process until all the shells are removed and the orange follower is visible.

2) Physically and visually check the chamber to confirm it is empty.

3) Start the inspection by looking down the barrel to confirm there are no obstructions.

4) Check the front sight.

5) Hand tighten the barrel nut.

6) Visually check the barrel, fore-end, action bar, ejection port, trigger, safety, butt stock, check for two rounds in each side of the stock, check the sling and sling anchor points.

7) Close the action and confirm it locks into battery and then press the release and open the slide.

8) Close the action, turn on safety, point muzzle into the air and pull the trigger. Safety off and pull trigger releasing the hammer. Safety back on.

9) Load the magazine to full capacity and place shotgun back into the car.

**NOTE:** You must maintain muzzle integrity (laser rule) while removing the shotgun from the car, during an inspection and while placing it back into the vehicle.
PATROL READY PROCEDURE

OLYMPIC ARMS AR-15 RIFLE

The rifle should be pointed at a 45-degree angle into the sky at all times

RIFLE INSPECTION PROCEDURES:

1) Check safety and confirm it is in the “safe” position**
2) Remove the magazine
3) Open the bolt, expending the chambered round
4) Lock the bolt in the open position
5) Physically and visually check the chamber to confirm it is empty
6) Close the bolt
7) Point the rifle up, pull the trigger dropping the hammer
8) Replace the expended round in the magazine
9) Reinsert the magazine firmly, strike it with the heel of your hand and then pull on it to confirm it is seated

DO NOT CHAMBER A ROUND INTO THE RIFLE

10) Place the rifle into the Electro-lock. Make sure it is seated properly and locked into place.

*NOTE: You must maintain muzzle integrity (laser rule) while removing the rifle from the car, during an inspection and while placing it back into the vehicle.
PATROL READY INSPECTION PROCEDURE
FOR THE OLYMPIC ARMS AR-15 RIFLE

As with the shotgun, the rifle should be removed from it's locked mount and inspected outside of the patrol vehicle. The rifle should be pointed at a 45-degree angle into the sky.

RIFLE INSPECTION PROCEDURES:

1) Remove rifle from the electro-lock
2) Step from the vehicle*
3) Remove the magazine.
4) Check safety and confirm it is in the "fire" position**
5) Open the bolt and lock it in the open position.
6) Physically and visually check the chamber to confirm it is empty.
7) Start the inspection by looking down the barrel to confirm there are no obstructions
8) Check the front sight, flashlight and fore-end for any defects or malfunctions
9) Hand tighten the Reflex sight and look threw the sight and check for the triangle.
10) Visually check the receiver area for an obvious defects.
11) Confirm the butt stock locks in both the closed and opened positions.
12) Place the safety on and close the bolt.
13) Point the rifle up, test the safety by pulling the trigger with the safety in the on position
14) Turn the safety off and pull the trigger releasing the hammer.

15) Push down on the top round of the magazine and confirm it is full.

16) Visually inspect the magazine.

17) Reinsert the magazine firmly, strike it with the heal of your hand and then pull on it to confirm it is seated.

**DO NOT CHAMBER A ROUND INTO THE RIFLE**

18) Place the rifle into the Electro-lock. Make sure it is seated properly and locked into place.

*NOTE: You must maintain muzzle integrity (laser rule) while removing the rifle from the car, during an inspection and while placing it back into the vehicle.

**NOTE: If the safety is in the “safe” position, the rifle has been left in the charged position and may be loaded. Exercise extreme caution while handling the rifle.

If you feel the rifle is not functioning properly, place it into the rifle locker. Fill out an equipment repair form and attach it to the rifle. Advise your sergeant of the malfunction.
PATROL READY CONDITION OF THE OLYMPIPE
ARMS AR-15 RIFLE

1) Uncharged, **NO ROUND** in the chamber

2) Bolt forward

3) Safety off
   a) The safety cannot be engaged when the rifle is not charged
   b) Hammer is down
   c) Ejection port cover is closed
   d) Dust cover on optical sight

4) Full magazine inserted into the weapon

5) Sling is on the rifle

6) Flashlight works