Certain documents or portions of documents related to this training may be exempt from disclosure under the California Public Records Act on one or more of the following grounds:

a. They are records dealing with security and safety procedures that are exempt pursuant to Government Code Section 6254(f). (Northern California Police Practices Project v. Craig (1979) 90 Cal.App.3d 116, 121-122.);

b. They are materials for which the City of San Rafael does not hold the copyright or have permission to publish.

Where exempt material can be reasonably segregated from nonexempt material in these records, the exempt material has been redacted and the nonexempt material is shown. Where it is not reasonably possible to segregate out the exempt material, the Department is withholding the entire document from disclosure.
DATE: October 11, 1999

TO: All SRT Members

FROM: David Johnson, Lt.

SUBJECT: Monthly Training

This month's training is scheduled for this coming Friday, October 15, from 0700-1500.

We will be running our qualification physical test first thing in the morning, so be in PT clothing. The boss is securing a location for the test. After the test we will return to the station to change and load up our equipment.

We will be traveling to the Richmond range once again for firearms and tactical movement training. [Redacted] will meet us there. The Chief wants photos of the team taken at that time.

David
S.R.T. QUARTERLY
PHYSICAL FITNESS QUALIFICATIONS

MINIMUM passing score, ONE POINT IN EACH TEST.
MAXIMUM possible points, 16 POINTS.

TEST

RUN-
13 MINUTES OR LESS- 4 POINTS
14 MINUTES OR LESS- 3 POINTS
15 MINUTES OR LESS- 2 POINTS
16 MINUTES OR LESS- 1 POINT (MINIMUM PASSING)
17 MINUTES OR LESS- 1 POINT (OVER 35)

PULL-UPS-
14 PULL-UPS OR MORE- 4 POINTS
11 PULL-UPS OR MORE- 3 POINTS
9 PULL-UPS OR MORE- 2 POINTS
5 PULL-UPS OR MORE- 1 POINT (MINIMUM PASSING)

SIT-UPS- (TWO MINUTES OR LESS)
90 SIT-UPS OR MORE- 4 POINTS
80 SIT-UPS OR MORE- 3 POINTS
70 SIT-UPS OR MORE- 2 POINTS
60 SIT-UPS OR MORE- 1 POINT (MINIMUM PASSING)

PUSH-UPS-
65 PUSH-UPS OR MORE- 4 POINTS
55 PUSH-UPS OR MORE- 3 POINTS
45 PUSH-UPS OR MORE- 2 POINTS
35 PUSH-UPS OR MORE- 1 POINT (MINIMUM PASSING)
SAN RAFAEL POLICE DEPARTMENT
TRAINING UNIT
SRT FIREARMS TRAINING COURSES

DATE: NOVEMBER 15, 1999

RANGE: COLLEGE OF MARIN TRACK
RICHMOND ROD & GUN CLUB
TERRA LINDA HIGH SCHOOL

TIME: 0700-1700

COURSES: FITNESS TEST, FIREARMS TRAINING, WALK THROUGH TLHS

The current SWAT team started the training day at College of Marin Track with the quarterly fitness qualification. All passed the SWAT mandatory qualification fitness test. Three (3) SRPD Officers took the fitness test vying for the three (3) open positions. All three (3) passed the minimum requirements. See attached record sheet.

Training continued at the Richmond Rod & Gun Club. Rangemasters were utilized to run the range and set the course. The team practiced four (4) man building entries with a course of fire where good/bad guy targets were utilized. The scenario was set as an active shooter(s) in a school setting. The intent of the training was to quickly approach, enter, and then eliminate the active shooter(s) before anymore innocent victims could be injured or killed. See attached course schematic.

The final course of fire was set as a competitive handgun fun shoot. The course was set so one (1) man and then two (2) man teams entered and confronted ten (10) metal knock down targets. The course of fire was timed. The course utilized individual and team movement, accuracy, reloading, and stress. See attached course schematic.

The SWAT team completed their day by doing a walk through of Terra Linda High School to familiarize the team with the schools layout.