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San Rafael Police Department Interdepartmental Memo

DATE: October 11, 1999
TO: All SRT Members
FROM: David Johnson, Lt. *[Signature]*
SUBJECT: Monthly Training

This months training is scheduled for this coming Friday, October 15, from 0700-1500

We will be running our qualification physical test first thing in the morning, so be in PT clothing. [REDACTED] is securing a location for the test. After the test we will return to the station to change and load up our equipment.

We will be traveling to the Richmond range once again for firearms and tactical movement training. [REDACTED] will meet us there. The Chief wants photos of the team taken at that time.

David

San Rafael Police Department
Interdepartmental Memo



October 11, 1998

DATE:

All SRT Members

TO:

David Johnson, Lt. 1104

FROM:

Monthly Training

SUBJECT:

This memo is being distributed to all SRT members. Please read the following information carefully.

The SRT will be meeting on October 12, 1998 at 7:00 PM. The meeting will be held at the San Rafael Police Department. The purpose of the meeting is to discuss the results of the SRT's activities during the past month and to plan for the future.

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**S.R.T. QUARTERLY
PHYSICAL FITNESS QUALIFICATIONS**

MINIMUM passing score , ONE POINT IN EACH TEST.
MAXIMUM possible points, 16 POINTS.

TEST

RUN-

13 MINUTES OR LESS-	4 POINTS
14 MINUTES OR LESS-	3 POINTS
15 MINUTES OR LESS-	2 POINTS
16 MINUTES OR LESS-	1 POINT (MINIMUM PASSING)
17 MINUTES OR LESS-	1 POINT (OVER 35)

PULL-UPS-

14 PULL-UPS OR MORE-	4 POINTS
11 PULL-UPS OR MORE-	3 POINTS
9 PULL-UPS OR MORE-	2 POINTS
5 PULL-UPS OR MORE-	1 POINT (MINIMUM PASSING)

SIT-UPS- (TWO MINUTES OR LESS)

90 SIT-UPS OR MORE-	4 POINTS
80 SIT-UPS OR MORE-	3 POINTS
70 SIT-UPS OR MORE-	2 POINTS
60 SIT-UPS OR MORE-	1 POINT (MINIMUM PASSING)

PUSH-UPS-

65 PUSH-UPS OR MORE-	4 POINTS
55 PUSH-UPS OR MORE-	3 POINTS
45 PUSH-UPS OR MORE-	2 POINTS
35 PUSH-UPS OR MORE-	1 POINT (MINIMUM PASSING)

**SAN RAFAEL POLICE DEPARTMENT
TRAINING UNIT**

SRT FIREARMS TRAINING COURSES

DATE: NOVEMBER 15, 1999

RANGE: COLLEGE OF MARIN TRACK
RICHMOND ROD & GUN CLUB
TERRA LINDA HIGH SCHOOL

TIME: 0700-1700

COURSES: FITNESS TEST, FIREARMS TRAINING, WALK THROUGH
TLHS

The current SWAT team, [REDACTED] started the training day at College of Marin Track with the quarterly fitness qualification. All passed the SWAT mandatory qualification fitness test. Three (3) SRPD Officers [REDACTED] took the fitness test viaing for the three (3) open positions. All three (3) passed the minimum requirements. See attached record sheet.

Training continued at the Richmond Rod & Gun club. Rangemasters [REDACTED] were utilized to run the range and set the course. The team practiced four (4) man building entries with a course of fire where good/bad guy targets were utilized. The scenario was set as an active shooter(s) in a school setting. The intent of the training was to quickly approach, enter, and then eliminate the active shooter(s) before anymore innocent victims could be injured or killed. See attached course schematic.

The final course of fire was set as a competitive handgun fun shoot. The course was set so one (1) man and then two (2) man teams entered and confronted ten (10) metal knock down targets. The course of fire was timed. The course utilized individual and team movement, accuracy, reloading, and stress. See attached course schematic.

The SWAT team completed their day by doing a walk through of Terra Linda High School to familiarize the team with the schools layout.

SAN RAFAEL POLICE DEPARTMENT

INVESTIGATION

REPORT OF INVESTIGATION

DATE

REPORTING OFFICER

NAME

ADDRESS

CITY

STATE

PHONE

TYPE

CHARACTER OF CASE

FILE

[REDACTED]

[REDACTED]

[REDACTED]

REMARKS

ADDITIONAL INFORMATION

DISPOSITION

REMARKS

ADDITIONAL INFORMATION

DISPOSITION