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SAN RAFAEL POLICE DEPARTMENT

TRAINING UNIT

PHASE IV

<u>DATES</u>	<u>TIME</u>	<u>DAY</u>	<u>CLASS</u>
JUNE 03	0700-1700	Thursday	INSTRUCTORS
JUNE 04	0700-1700	Friday	Class 1
JUNE 07	0700-1700	Monday	Class 2
JUNE 11	0700-1700	Friday	Class 3
JUNE 14	0700-1700	Monday	Class 4
JUNE 15	0700-1700	Tuesday	Class 5
JUNE 18	0700-1700	Friday	SRT
JUNE 21	0700-1700	Monday	Class 7
JUNE 25	0700-1700	Friday	Class 8

POSTED
5/31
CROW

SAN RAFAEL POLICE DEPARTMENT

TRAINING UNIT

PHASE IV TRAINING

LOGISTICS

Students will be scheduled to a ten (10) hour work day.

TRAINING: AM (5 hours)

Firearms- Handguns, Rifle, and Baton.

GUIDI

LOCATION: San Quentin Range #3

TIME: AM Class will be from 0700-1200 hrs.

UNIFORM: Class C Uniform, including gun belt and ballistic vest.
& Mouth Guard

LUNCH: A one (1) hour lunch will be scheduled around noon.

TRAINING: PM (4 hours)

SART (Sexual Assault Response Team) and
MDIT (Multi-disciplinary investigation Team)

BEAN &
BOYD

MCDA Victim Witness

M. McDONOUGH

14601 VC Program

TBA

UNIFORM: "Class C uniform, without Duty belt, will be worn during the Classroom portion of the Class." Arrive dressed.

LOCATION: TBA

TIME: PM Class will be from 1300-1700 hrs. Be Prompt!

OPTIONAL EQUIPMENT:

- 1) Water
- 2) Towel
- 3) Dry T-shirt

SAN RAFAEL POLICE DEPARTMENT

TRAINING UNIT

PHASE IV

EQUIPMENT NEEDED:

700-1200 Firearms

Class C uniform,
gun belt and all weaponry.
Ballistic vest required.
Patrol footwear (no white tennis shoes)
Mouth Guard

1300-1700 Classroom

Class C uniform only
No ballistic vest or gunbelts required 1300-1700.
"Come to class dressed"

Note: only patrol authorized articles of clothing permitted at any training.

OPTIONAL EQUIPMENT:

- 1) Water
- 2) Towel
- 3) Dry T-shirt
- 4) SRPD ball cap (SRPD only)
- 5) Sun screen/lotion

SAN RAFAEL POLICE DEPARTMENT

TRAINING UNIT

PHASE IV

LOCATION: SAN QUENTIN RANGE #3 0700-1200
(OLD / WEST)
NEW CPO CONFERENCE ROOM 1300-1700 -
"CITY HALL AT THE MALL"

TIME: Students will be assigned to a ten (10) hour work day.
Class will be from 0700-1700 hrs. A one (1) hour lunch
will be scheduled at 1200 hrs.

OUTLINE:

- (4 hours) FIREARMS – Handgun, Rifle
- (1 hour) Baton techniques
- (1 hour) Lunch
- (4 Hours) Classroom
 - SART (Sexual Assault Response Team)
 - MDIT (Multi-disciplinary Invest. Team)
 - 14601 VC G.O., Towing program
 - Stress Inoculation

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SAN RAFAEL POLICE DEPARTMENT

TRAINING UNIT

PHASE IV

EQUIPMENT NEEDED:

700-1200 Firearms

Class C uniform,
gun belt and all weaponry.
Ballistic vest required.
Patrol footwear (no white tennis shoes)
Mouth Guard

1300-1700 Classroom

Class C uniform only
No ballistic vest or gunbelts required 1300-1700.
"Come to class dressed"

BLASTIC BACK
TOILET Paper
Note: only patrol authorized articles of clothing permitted at any training.

OPTIONAL EQUIPMENT:

- 1) Water
- 2) Towel
- 3) Dry T-shirt
- 4) SRPD ball cap (SRPD only)
- 5) Sun screen/lotion

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SAN RAFAEL POLICE DEPARTMENT TRAINING UNIT

PHASE IV TRAINING

LESSON PLAN

700 ATTENDANCE & CLASS OVERVIEW & INSPECTION

USE OF FORCE AND WEAPONS G.O. REVIEW & TEST BASIC RULES OF WEAPON HANDLING

(Laser rule, Master grip etc.)

0730 PC 832 Handgun Qualification

0745 Speed to Target Drills- Handgun

Course of Fire

1 yd line Holstered and Snapped (Hip Shooting)

On command : "THREAT"

Officer will draw and shoot two rounds (Double Tap), hip shooting position, lunge step back as he/she comes to a two hand shoulder position, and fire one round to the head.(failure drill) then de-cock and holster. Officers will de-cock and re-holster when told "NON-THREAT". (Instructor to Demonstrate..)

Tactical Reload-Officer will be instructed to tactically re-load after firing two (2) rounds (double-tap) to the body , lunge step back as he/she comes to two hand shoulder position, shoot one (1) round (failure) to the head, then Tactically exchange magazines, come to ready gun and then de-cock/re-holster on command "NON-THREAT". (Instructor to Demonstrate..)

Emphasize: Speed to Target, Slow to Holster

Course of Fire:

5 yard line. Holstered and snapped (Point shoulder)

On command : "THREAT"

Officer will draw and shoot two rounds (Double Tap), ^{1012 POINT SHOULDER} hip shooting position, lunge step back as he/she comes to a two hand shoulder position, and fire one round to the head.(failure drill) then de-cock and holster. Officers will de-cock and re-holster when told "NON-THREAT". (Instructor to Demonstrate..)

Tactical Reload-Officer will be instructed to tactically re-load after firing two (2) rounds (double-tap) to the body , lunge step back as he/she comes to two hand shoulder position, shoot one (1) round (failure) to the head, then Tactically exchange magazines, come to ready gun and then de-cock/re-holster on command "NON-THREAT". (Instructor to Demonstrate..)

Equipment: (86) Ammo rnds per officer, B-27 Targets, ear/eye protection

830 RIFLE TRAINING

Review:

Range Commands and Inspection Procedure.

Course of Fire:

(Range #2, 50 yard line, B-27 Targets)

1. Positonal shooting 5 rounds per position
Standing barricade, kneeling, seated, prone.
Check target after each 5 to see pattern

Equipment: (40) .223 rnds per officer, B-27 Targets, ear/eye protection

915 RIFLE QUALIFICATION

See attached Rifle Qualification sheet

930 BATON BASICS

BASIC DRAWS / CLOSING THE BATON

Weapon Hand
Reaction Hand

ASP STRIKES

Weapon Strike
Reaction Strike
Straight Strike

TWO STRIKING MODES

Open
Closed

TWO POSITIONS FOR STRIKING

Ready Position
Loaded Position

PRACTICE DRILLS (WITH VARIATIONS)

Bag Work, one and two man opponents

1030 COMBAT COURSE

The student/officer will start at the edge of dirt road and run up the road to the range where he will be given a practice baton. The student/officer will then confront 1 or 2 combative subjects. Baton Strikes will be delivered for 30 seconds on the subjects. The student/officer will move to the Patrol vehicle and remove the shotgun. The student/officer will give the command to drop the weapon and then they will deliver (2) BR23 bean rounds to targets from his vehicle. The student/officer will return the shotgun to the rack and secure it. The student/officer will then remove the rifle and deliver (3) rounds (2 to body 1 to head) to a target 40 yards down range. The student/officer will leave the cover of the Patrol vehicle and move quickly down range to a 1st position of cover and deliver two (2) rnds with the handgun to the body on the target. The student/officer holster and then move to the 2nd position of cover and again deliver two (2) rounds with handgun to the body on the target. The student/officer will again holster and then move to the 3rd position of cover and deliver spread fire (2 each to body 1 each to head.) with handgun to two (2) targets.

Time will start from start at the edge of road end on final handgun shot.

Deductions: 5 seconds missed shot ie: outside 7 ring.

1200 LUNCH

1300 CONFERENCE ROOM NEW CPO "CITY HALL AT THE MALL"

STRESS INOCULATION Fay 1300-1500

SART (Sexual Assault Response Team) Bean 1500-1630

MDIT (Multi-Disciplinary Investigation Team) Bean " "

14601 VC Towing GO and Procedures Boyd/Smiley " "

1700 END OF CLASS

6/4/99

832 PC BASIC QUALIFICATION COURSE

Logistics:

36 rounds per person
B-27 Silhouette target

3 yards -(12 shots)

Shooters will load their magazines/speed-loaders with a minimum of 12 rounds.

On command, shooter(s) must check chamber, load, and holster a loaded weapon.

On command, shooter(s) must shoot from the "**hip position**" a total of 12 rounds in **30 seconds**. One magazine/speed loader change is required.

After the 12 rounds, the shooter will holster a loaded weapon.

7 yards - (12 shots)

On command, shooter(s) must fire from a "**natural point position**", (not using their sights), and shoot 12 rounds in **30 seconds**. Again one magazine/speed loader change is required.

After the 12 rounds, the shooter will holster a loaded weapon.

15 yards - (12 shots)

On command, shooter(s) must fire from an "**aiming position**", (using their sights), and shoot 12 rounds in **45 seconds**. Again one magazine/speed loader change is required.

PASSING SCORE: 80 % = 29 OUT OF 36 HITS

HITS OUTSIDE OF THE 7 RING DO NOT COUNT !!

**SAN RAFAEL POLICE DEPARTMENT
TRAINING UNIT**

**RUGER MINI-14 RIFLE
BASIC QUALIFICATION COURSE**

STAGE 1:	50 YARD LINE:	REDUCED TARGET
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STANDING POSITION: [SUPPORTED]

[5 shots]

MAGAZINE CHANGE !

KNEELING POSITION:

[5 shots]

MAGAZINE CHANGE !

[TIME 60 SECONDS]

STAGE 2:	50 YARD LINE:	REDUCED TARGET
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SITTING POSITION:

[5 Shots]

MAGAZINE CHANGE !

PRONE POSITION:

[5 Shots]

[TIME 60 SECONDS]

**MAKE WEAPON SAFE!! SAFETY ON, MAGAZINE OUT,
BOLT LOCKED BACK, SLING THE RIFLE.**

TARGET- Reduced [50 Yard range / Simulate 100 Yard range]

TESTING:

Total rounds fired [20]

Minimum passing score: [80 % , 16 hits out of 20]

All hits in the silhouette count as one point.

DOC:FIREARMS,FA013b,06/12/96,JSC.

Course outline for SRPD Stress Inoculation Class:

- I. Compare everyday stress with critical Incident Stress
 - a. Video of Officer Involved Shooting
- II. Discussion of Stress' Effect on Nervous System
- III. Police Culture and Its Effect on Stress
 - a. Video on Police Trauma
- IV. Stress as a Challenge to our World View
 - a. Video on stress reaction
- V. Definition of a Defusing
- VI. Definition of a Debriefing
- VII. Discussion of CISM
- VIII. SRPD Policy on CISD's

