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- a. They are records dealing with security and safety procedures that are exempt pursuant to Government Code Section 6254(f). (Northern California Police Practices Project v. Craig (1979) 90 Cal.App.3d 116, 121-122.);
- b. They are materials for which the City of San Rafael does not hold the copyright or have permission to publish.

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**SAN RAFAEL POLICE DEPARTMENT
TRAINING UNIT**

INTER-DEPARTMENT MEMORANDUM

DATE: 5/11/98
TO: ALL SRPD OFFICERS
FROM: TRAINING UNIT
RE: PHASE 3 TRAINING

LOCATION: MCSO HANGER AT HAMILTON

TIME: 0700-1700

ATTIRE: CLASS C UNIFORM with TENNIS SHOES

**REQUIRED
EQUIPMENT:** GUN BELT
BALLISTIC VEST
MOUTHGUARD / NO EXCEPTIONS
BRING YOUR LUNCH WITH YOU !!!
***NO HANDGUNS , AMMUNITION, KNIVES or
PEPPER SPRAY on YOU***

**RECOMMENDED
GEAR:** TOWEL
WATER
EXTRA T-SHIRT

**CLASS
CONTENT:** DEFENSIVE TACTICS for FIVE HOURS-
1] GROUND DEFENSE SURVIVAL
2] BATON: BAG WORK & REDMAN SUIT
P.O.S.T. VIDEO "ELDER ABUSE" 2 Hours
OPEN TOPIC, 2 Hours

**SAN RAFAEL POLICE DEPARTMENT
TRAINING UNIT**

**DIRECTIONS: Marin County Sheriff's Training Facility at
HAMILTON in NOVATO**

CLASS STARTS PROMPTLY AT 0700 and ends at 1700. Give yourself 15 minutes from the front gate to get to the classroom. Signs to the BASEBALL PARK are in the same direction.

From North or Southbound Highway 101

- 1] Take Nave Drive, HAFB Exit.**
- 2] Enter HAFB from the south entrance main gate. [at the signal light]
MAIN GATE DRIVE**
- 3] Stay on MAIN GATE DRIVE, go over the first bridge, stay to your left and drive down the hill.**
- 4] at Y Intersection down the hill, turn right onto
SOUTH PALM DRIVE.**
- 5] At the four way Stop Sign, continue straight through the Intersection. At the T intersection turn right onto HANGER AVE.**
- 6] Go past the Coast Guard Hanger and the new town house development on the left. Go up over the small hill next to the levy. The MCSO HANGER is located off to the left past the two baseball fields.**

REMEMBER: ALL SPEED LIMITS MUST BE OBSERVED.

**PLEASE DO NOT DRIVE OVER THE SPEED LIMIT, OR WE
WILL RECEIVE COMPLAINTS FROM THE BASE.**

15-25 MPH THROUGH THE BASE.

SAN RAFAEL POLICE DEPARTMENT TRAINING UNIT

PHASE 3 SDAT OUTLINE

0700 ATTENDANCE & CLASS OVERVIEW

730 GROUND DEFENSE LECTURE & STRETCHING

800 PRACTICE TECHNIQUES: Use Striking Bags for each Section

- 1] REAR FALLS, from the **KNEELING POSITION**
Roll over left and right shoulders
- 2] RECOVER TO A STANDING POSITION
Left and Right leg moving forward
Rear roll over left and right shoulder
- 3] GROUND DEFENSIVE POSITION [BACK]
Both sides, drawing OC, Baton, and Handgun
Striking Techniques, Kicks
Wrist Controls, throwing subject to the outside.
Blocks
- 4] GROUND DEFENSIVE POSITION [STOMACH]
Escapes- Sit-out and roll or Stand-up
Getting to all fours
- 5] SUBJECT ON HIS BACK, TURNING SUBJECT OVER
Nerve Stimulation, Mastoid
Wrist Controls
Elbow Pry

PRACTICE DRILLS:

- 1] TWO MINUTE DRILL with an INSTRUCTOR
One minute on the Top
One minute on the Bottom

BALLISTIC VEST AND MOUTHGUARD REQUIRED

1000

ASP BATON

WEAPON INSPECTION

- REVIEW:**
- 1] NON-STRIKING AREAS
 - 2] TERMINOLOGY
 - 3] FOOT MOVEMENT
 - 4] STRIKES CLOSE MODE and OPEN MODE
 - Weapon hand Strike
 - Reaction hand strike
 - Straight strike
 - Optional strike

PRACTICE AT 25 to 50 %

PRACTICE DRILLS:

- 1] One minute bag drill, Single subject
- 2] One minute bag drill, Two subjects
- 3] Redman Suit, One minute with an instructor, focusing on:
ACCURACY, SPEED, FOCUS, BALANCE

BALLISTIC VEST AND MOUTHGUARD REQUIRED

SAN RAFAEL POLICE DEPARTMENT TRAINING UNIT

PHASE 3 1998

CLASS OUTLINE

- 0700 EQUIPMENT CHECK / LECTURE**
 STRETCHING and WARM-UP
- 0730 GROUND DEFENSE, SURVIVAL & CONTROL**
 TECHNIQUES, PRACTICE DRILLS, SIMULATIONS
- 0930 BATON TRAINING and TAKEDOWNS**
 [FOCUS BAGS and REDMAN SUIT]
- 1200 LUNCH**
- 1300 C.O.P. Training / PLANNING DEPARTMENT**
- 1500 P.O.S.T. VIDEO 'ELDER ABUSE'**
- 1700 END OF CLASS**

MOUTHGUARD and BALLISTIC VESTS REQUIRED

SAN RAFAEL POLICE DEPARTMENT TRAINING UNIT

PHASE 3 INSTRUCTOR TEACHING SCHEDULE

**INSTRUCTORS, PLEASE NOTIFY YOUR SUPERVISORS OF
YOUR SCHEDULE !!!**

DAY	DATE	LEAD INSTRUCTOR	INSTRUCTOR
MONDAY	JUNE 8	COEN	CRON
FRIDAY	JUNE 12	COEN	GUIDI
WEDNESDAY	JUNE 17	COEN	GUIDI
SATURDAY	JUNE 20	COEN	CRON
MONDAY	JUNE 22	COEN	CRON
WEDNESDAY	JUNE 24	COEN	GUIDI
FRIDAY	JUNE 26	COEN	GUIDI
MONDAY	JUNE 29	COEN	CRON

SAN RAFAEL POLICE DEPARTMENT TRAINING UNIT

PHASE 3 97 / 98

TRAINING DATES:

FRIDAY	MAY 22	INSTRUCTOR DAY
MONDAY	JUNE 8	CLASS 1
FRIDAY	JUNE 12	CLASS 2
WEDNESDAY	JUNE 17	CLASS 3
SATURDAY	JUNE 20	CLASS 4
MONDAY	JUNE 22	CLASS 5
WEDNESDAY	JUNE 24	CLASS 6
FRIDAY	JUNE 26	CLASS 7
MONDAY	JUNE 29	CLASS 8

COMMUNITY ORIENTED PUBLIC SERVICE (C.O.P.S.)

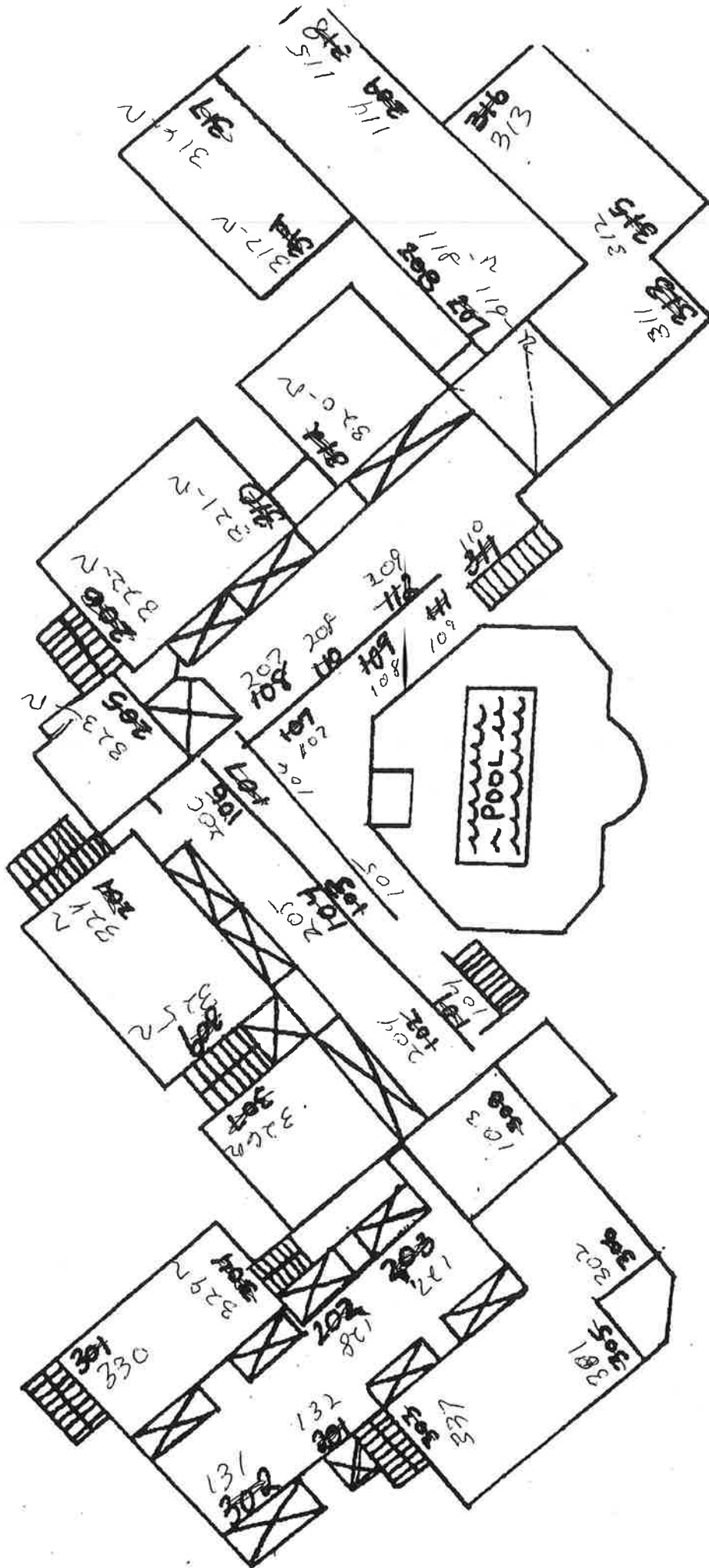
UPDATE

- 1) THE BIG TEN. These are areas the citywide c.o.p.s. Team has placed a priority on. We report monthly on any progress being made. Please advise the community policing office of any work you do in these areas.
- 2) 30 NOVATO STREET. We will have a temporary neighborhood office located in apartment 109. We will also have a garage and two marked parking spaces. SCU will be housed here as the lease at 97 Louise Street expires this month. The building will also be renumbered. (A proposal is attached.)
- 3) 23 FAIRFAX STREET. After several inspections, the owner has failed to correct numerous violations of the uniform housing code. He has been issued a notice to appear at an administrative hearing on July 15th. This is a civil procedure where he may be fined up to \$500.00 per violation and other penalties. One certificate has been revoked by Marin Housing.

- 4) 23 FAIRFAX STREET. A notice and order has been sent to the owners for uniform housing code violations.
- 5) CITY HALL AT THE MALL. Still working on the details.
- 6) SAFE AND HEALTHY HOUSING PROGRAM. We have met with the owners of eight buildings who will participate in the program. Our next step is to conduct a training seminar for building managers on June 25th. We are also working on an awards program for model buildings.
- 7) MARIN COUNTY FAIR. Will be held July 1st through the 5th. The theme of our booth this year will be the history of the department. Our first police car will be there along with old photographs and pages of log books from the thirties and forties.
- 8) CITIZEN POLICE ACADEMY. We graduated our ninth class last month. Due to popular demand, we will add a third class next year. We will need more employees to participate. Please contact Sgt. Kelly if you are interested or want to know more about it.
- 9) THE HARBOR CENTER. Going to the planning commission for review of use permit possible in July. Hours may be curtailed etc. An ordinance is being worked on regarding the live aboards in the marina.

“THE TOP TEN”

- 1) DOWNTOWN PARKS**
- 2) PICKLEWEED PARK**
- 3) The “B” STREET CORRIDOR**
- 4) 555 FRANCISCO BLVD. (THE HARBOR CENTER)**
- 5) AREA OF MEDWAY AND BELVEDERE. (INCLUDES LEES MARKET LOT, TACO OSCARS, 182/192 BELVEDERE AND THE 7-11 STORE.)**
- 6) 355 CANAL**
- 7) COMBINED PROPERTIES OF 30 NOVATO STREET, 23 FAIRFAX STREET AND 3525 KERNER BLVD. THESE ARE THE THREE PROPERTIES WHICH ALL ADJOIN AT THE END OF THE BLOCK.**
- 8) LIVE ABOARD BOATERS / SANITATION**
- 9) TRAFFIC PROBLEMS. SCHOOLS / CONSTRUCTION ZONES/ NEIGHBORHOODS.**
- 10) NORTH SAN RAFAEL. TERRA LINDA SHOPPING CENTER**



NOVATO

